



### Weekly Contest

Enter to win free admission: Holiday Garden of Lights, and Peter Pan & Tinker Bell: A Pirate's Christmas.

**See pages 3 & 4**

### Movies on Base

Thor: Ragnarok, Geostorm, A Bad Mom's Christmas, Jigsaw, Thank You For Your Service.

**See page 7**

### AutoMatters & More

Orange County Auto Show and 'Aircraft Carrier, Guardian of the Seas' at The Fleet.

**See page 17**

Navy Marine Corps Coast Guard Army Air Force

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FIFTY SEVENTH YEAR NO. 22  
THURSDAY, NOVEMBER 30, 2017

## December Observances

- Aids Awareness Month
- Bingo's Birthday Month
- Buckwheat Month
- Nat'l Drunk & Drugged Driving (3D) Prevention
- Nat'l Impaired Driving Prevention
- Nat'l Tie Month
- Nat'l Write A Business Plan Month
- Operation Santa Paws
- Safe Toys and Gifts Month
- Spiritual Literacy Month
- Take a New Year's Resolution to Stop Smoking
- Universal Human Rights Month
- Worldwide Food Service Safety Month
- Youngsters on The Air Month
- Seasonal Affective Disorder Awareness Month
- Quince and Watermelon Month
- Art and Architecture Month
- Hi Neighbor Month
- Nat'l Pear Month
- Nat'l Tropical Fruit Month
- Worldwide Food Service Safety Month
- Nat'l Fruit Cake Month
- Tomato and Winter Squash Month

## Weekly holidays

- Cookie Cutter (1-7)
- Nat'l Hand Washing Awareness (3-9)
- Recipe Greetings For The Holidays (3-9)
- Computer Science Education (3-9)
- Cookie Exchange (4-8)
- Int'l Coelenterate Biology (4-8)
- Older Driver Safety Awareness (4-8)
- Human Rights (10-17)
- Christmas Bird Count (14-1/5)
- Halcyon Days (14-28)
- Posadas (16-24)
- Saturnalia (17-23)
- Gluten-free Baking (17-23)
- It's About Time (25-31)
- Kwanzaa (26-1/1)

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**INDIAN OCEAN (Nov. 25, 2017) - Aviation Ordnanceman 3rd Class Lorelei Jones hangs an ornament on a Christmas tree aboard carrier USS Theodore Roosevelt (CVN 71). The ship is deployed in support of maritime security operations and theater security cooperation efforts.**

*Navy photo by MC3 Spencer Roberts*

## Nimitz Carrier Strike Group arrives in Hawaii

JOINT BASE PEARL HARBOR-HICKAM, Hawaii - The *Nimitz* Strike Group (CSG 11) arrived in Pearl Harbor Nov. 25 following a six-month deployment to the Arabian Gulf in support of Operation Inherent Resolve.

*Nimitz* Carrier Strike Group (CSG 11), along with the air wing and strike group staff, departed San Diego for a regularly scheduled deployment June 5.

The strike group consists of carrier USS *Nimitz*, Carrier Air Wing 11, Destroyer Squadron 9, cruiser USS *Princeton*, and destroyers USS *Howard*, USS *Shoup*, USS *Kidd*, and USS *Pinckney*.

CVW-11 consists of San Diego-based Marine Fighter Attack Squadron (VMFA) 323, Helicopter Sea Combat Squadron (HSC) 8, Helicopter Maritime Strike Squadron (HSM) 75 and Fleet Logistics Support Squadron (VRC) 30.

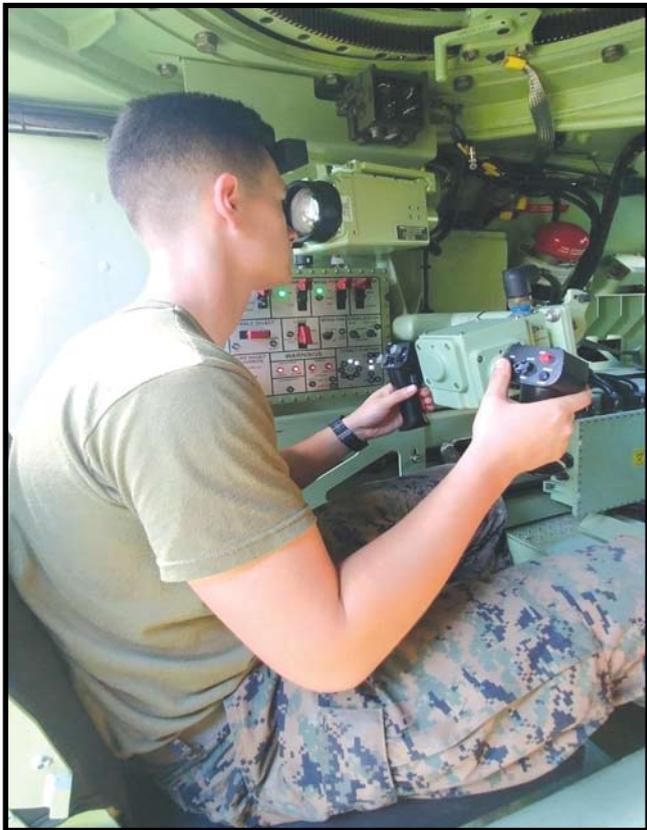
The strike group sailed more than 78,000 miles during the deployment (equivalent to approximately five times around the world), flew 1,322 combat sorties into Iraq and Syria, and dropped 904 pieces of ordnance. The strike group conducted training and operations with the French Marine Nationale, Indian Navy, the Japan Maritime Self-Defense Force, Republic of Korea Navy, Royal Australian Navy, the United Kingdom's Royal Navy, and Royal New Zealand Navy. These included Malabar 17 in the Indian Ocean, Intrepid Sentinel in the Gulf of Oman, and landmark Three-Carrier Strike Force Operations in the Western Pacific. In addition, the strike group conducted visit, board, search and seizure drills, close-in coordinated maneuvers, flag hoisting drills, sea surveillance, replenishments-at-sea, maritime patrol and reconnaissance, explosive ordnance disposal operations, and air, surface, and anti-submarine warfare training.

"Our entire team is excited to visit the great state of Hawaii," said Rear Adm. Gregory Harris, commander, *Nimitz* Strike Group. "After a very successful combat deployment in 5th Fleet, everyone is looking forward to being able to rest and relax before returning home. A couple days enjoying all that Hawaii has to offer is a fitting conclusion to a deployment during which Sailors and Marines across the Strike Group demonstrated an outstanding commitment to excellence."

Over the six-month span, the strike group conducted port visits in Pearl Harbor; Colombo, Sri Lanka; Chennai, India; Manama, Bahrain; Abu Dhabi, UAE; Dubai, UAE; Hamad, Qatar; Duqm, Oman; Pattaya, Thailand; and Sasebo, Japan.

## Naval Base San Diego Family Holiday Party

It's the most wonderful time of the year! Naval Base San Diego's annual Holiday Party returns Dec. 2 to the delight of children and adults alike. Visit the Dispatch booth at the party on base as we welcome military families to a fun day of activities including rides, bounce houses, ice skating, Santa's Village and more. There will be free Legoland and Sea Life Child Hopper tickets (ages 3-12) inside Santa's Village, while supplies last.



# Program office begins fielding upgraded LAV anti-tank weapon system to Marines

by Kaitlin Kelly  
 In September, Marine Corps Systems Command's LAV-AT Modernization program team achieved initial operational capability by completing its first fielding of four upgraded Anti-Tank Weapon Systems to 1st Light Armored Reconnaissance Battalion Marines at Camp Pendleton.

The ATWS fires tube-launched, optically-tracked, wire-guided, or TOW, missiles. It provides long-range, stand-off anti-armor fire support to maneuvering Light Armored Reconnaissance Companies and platoons, and observation capability in all climates and during periods of limited visibility.

The LAV-ATM program was established in 2012 to enhance the reliability, availability and maintainability of the vehicle's turret system.

The team's goal was to get a new turret system on the LAV-AT platform that was easy to maintain, reliable and effective, said Jim Forkin, program manager's office LAV-ATM team lead.

"Compared to the legacy version, the new turret is unmanned,

it fires both wire-guided and radio frequency TOW missiles, and it can acquire targets while on-the-move with an improved thermal sight," said Forkin.

It also has a Far Target Location system, new commander/gunner video sight displays, and an electric elevation and azimuth drive system, which helps rotate the weapon system onto the target.

"The turret is important because it protects Marines and gives them an enhanced capability that they didn't have before," said CWO4 Michael Lovell, ordnance vehicle maintenance officer, PM LAV team. "The new turret on the LAV-AT helps us watch over other vehicles and target enemies with increased vision."

The LAV-ATM team provides new equipment training to units receiving the ATWS upgrade. It lasts for two weeks, and the first week is focused on operators and the second week is on maintainer training. Continued training on the system can be conducted by the units using the embedded training mode.

Thanks to advances in technology, Marines can initiate a

built-in test to conduct a system check of the components that make up the ATWS to help the operator and maintainer diagnose and troubleshoot the system, a feature not previously available on the legacy turret, said Forkin.

The operator can also use an embedded training mode in the ATWS, which is software driven, to support individual and crew training by simulating the firing of the weapon system while viewing targets through the biocular display unit.

"This function is new to the LAV-ATM platform and will enhance sustainment training while in garrison or the field without wasting resources," said Forkin. "With new technological advances, the overall design and functionality has improved."

In addition to training in the field, anti-tank gunners and maintainers also train in a classroom setting environment with stations using existing 3D computer simulated technology leveraged by the U.S. Army to train their maintainers. This modernizes how the Corps trains its maintainers to meet the requirements to sustain the new ATWS.

By incorporating a blended training solution, all four existing Tactical Turret Trainers are upgraded with the ATWS and a 3D Diagnostic Turret Trainer, or DTT, is added. The DTT consists of two classrooms with eight student stations and one instructor station each. The Corps' 3D DTT maintenance training system is unique to the ATWS and will be fielded in November.

"Using the 3D DTT, students will interactively conduct troubleshooting and remove and replace ATWS components in a simulated environment, which will be followed by training on actual hardware on the Tactical Turret Trainer and vehicles," said Paul Kopjoe, a logistics management specialist at Program Manager's Office LAV.

With a combination of an interactive 3D DTT, which allows the instructor to train multiple students at the same time, the ATWS Tactical Turret Trainer provides the student with the tactile feel of a real ATWS system. Benefits of DTT by other programs include the reduction in student attrition rates and the ability for maintenance tasks to be repeated numerous times, without risk of injury or wear and tear on equipment.

A Marine tests the enhanced vision capability - part of an upgrade to the Light Armored Vehicle's Anti-Tank Weapon System - during new equipment training Sept. 18-29, at Camp Pendleton. Marine Corps Systems Command completed its first fielding of four upgraded ATWS in September. Courtesy photo

## Armed Forces DISPATCH

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## Navy identifies Sailors lost in C-2A crash

PHILIPPINE SEA - After notifying their families that extensive search and rescue efforts had ended, the Navy identified Lt. Steven Combs, Aviation Boatswain's Mate (Equipment) Airman Matthew Chialastri and Aviation Ordnanceman Airman Apprentice Bryan Grosso Nov. 25 as the three Sailors lost in a C-2A Greyhound crash Nov. 22.

"Our thoughts and prayers are with the families of these

Sailors," said Vice Adm. Phil Sawyer, commander of U.S. 7th Fleet. "Their service and sacrifice will be lasting in Seventh Fleet and we will continue to stand the watch for them, as they did bravely for all of us."

USS *Ronald Reagan* led combined search and rescue efforts with units from the Japan Maritime Self-Defense Force (JMSDF). Over the course of two days of continuous search efforts for the Sailors, ships and

aircraft covered nearly 1000 square nautical miles.

"The thoughts and prayers of the entire team onboard *Ronald Reagan* go out to the families and friends of our fallen shipmates," said Capt. Michael Wosje, Commander, Carrier Air Wing Five (CVW 5). "We are thankful for our professional search and rescue teams and their incredible bravery. The entire Navy team is working together to investigate

the cause of this mishap and we will remain focused on our mission to operate forward in a safe and professional manner to ensure peace and stability in the Indo-Asia-Pacific region."



**File photo of Lt. Steven Combs, assigned to the Providers of Fleet Logistics Support Squadron (VRC) 30. Lt. Combs is one of three Sailors lost when their C-2A Greyhound crashed while conducting a routine transport flight carrying passengers and cargo from Marine Corps Air Station Iwakuni to USS *Ronald Reagan* (CVN 76), Nov. 22. Navy photo**

Combs, a native of Florida, was assigned to the "Providers" of Fleet Logistics Support Squadron (VRC) 30 and embarked aboard *Ronald Reagan* as part of Carrier Air Wing Five. His previous duty assignments include the "Greyhawks" of Carrier Airborne Early Warning Squadron (VAW) 120, the Center

for Security Forces Detachment Kittery Point, in Portsmouth, N.H., and Training Wing 4, in Corpus Christi, Texas.

Chialastri, a native of Louisiana, was assigned to *Ronald*

*Reagan*. His previous duty stations include USS *America* (LHA 6), Patrol Squadron Thirty (VP-30), the "Pro's Nest," in Jacksonville, Fla., and the Center for Security Forces Detachment Kittery Point, in Portsmouth, N.H.

Grosso, a native of Florida, was assigned to *Ronald Reagan*. His previous duty stations include the Naval Air Technical Training Center in Pensacola, Fla., and the Naval Recruit Training Center in Great Lakes, Ill.

The C-2A Greyhound, assigned to VRC 30, crashed en route to *Ronald Reagan* Nov. 22 while operating in the Philippine Sea. The aircraft was carrying 11 crew and passengers at the time. Eight personnel were recovered on scene after the crash by Navy Helicopter Sea Combat Squadron (HSC 12).

An investigation is in progress.

### Updates on Fitzgerald, John S. McCain

YOKOSUKA, Japan - Destroyer USS *Fitzgerald* departed Fleet Activities here Nov. 24 to meet heavy lift transport vessel Transshelf and begin her journey to Pascagoula, Miss., for further repairs.

*Fitzgerald* was towed to deep water to begin the heavy lift process, which is expected to last several days. Transshelf will transport *Fitzgerald* to Huntington Ingalls Industries (HII) shipbuilding for repairs and upgrades.

Seven Sailors died when *Fitzgerald* was involved in a collision June 17.

PHILIPPINE SEA - Destroyer USS *John S. McCain* departed Subic Bay, PI aboard heavy lift transport vessel MV Treasure in route to Fleet Activities Yokosuka Nov. 28.

*John S. McCain* was diverted to Subic Bay Oct. 22 due to poor weather conditions and to repair cracks in the ship's hull. While there, technicians inspected the cracks and determined the ship needed additional blocks for support.

*John S. McCain* was involved in a collision while underway east of the Straits of Malacca and Singapore on Aug. 21.

### 'A need for U.S. involvement in Middle East'

by Jim Garamone

WASHINGTON - The Nov. 24 attack on an Egyptian mosque in northern Sinai that killed at least 305 men, women and children is an example of why the United States must remain involved in the Middle East, Pentagon spokesman Army Col. Rob Manning said Monday.

The United States must help partner nations build their own defense and police capacity to "ensure [the Islamic State of Iraq and Syria], al-Qaida and like-minded groups cannot plan and carry out attacks," he said.

Manning gave an overview of the area during his weekly press gaggle with Pentagon reporters. He said there are roughly 500 U.S. forces in Syria and around 5,000 in Iraq. DoD officials are working on providing a better run-down of U.S. forces in the countries as security considerations permit, the colonel said.

Iraqi forces are working to improve security in areas they have retaken from ISIS control, Manning said. This includes going into areas to clear them of improvised explosive devices, clearing out weapons caches, disarm booby traps and rooting out ISIS hold-outs.

"In Syria, in the last 24 hours, the [Syrian Democratic Forces] has reinforced positions near the Iraq-Syria border, repelling an ISIS reconnaissance element," he said.

Coalition forces aided the SDF as it advanced along the southern bank of the Euphrates River. "Also coalition forces provided counter-IED training to Raqqa internal security force soldiers," he said. The coalition also passed over communications gear to Raqqa force personnel.

Over the weekend, President Donald Trump spoke with Turk-

ish President Recep Tayyip Erdogan and discussed the U.S. supply of arms to the SDF. Turkish leaders are worried that arms supplied to the Kurdish portion of the SDF could end up in the hands of the [Kurdistan Workers' Party] - a designated foreign terrorist organization.

"Consistent with that policy, we're reviewing pending adjustments to the military support provided to our Kurdish partners [in the SDF], in as much as the military requirements of our defeat-ISIS and stabilization efforts will allow us to prevent ISIS from returning," Manning said. "We remain very clear in that we are going to continue to target ISIS and remain committed to protecting our NATO ally Turkey."

Weapons provided to the SDF are limited and mission specific, the colonel said.

### Forces ready to fight, win, says enlisted advisor

by Lisa Ferdinando

WASHINGTON - The military's top enlisted advisor said Nov. 27 that on the worst day of his military career, he knew he was in good hands with the U.S. armed forces.

"We were pinned down, under fire, and when [we] called for a quick reaction force, I was not worried about what race, what gender, or who the other person was on the other end," Army Command Sgt. Maj. John Wayne Troxell recalled about the events of July 19, 2007.

That day, his patrol came under attack in Iraq; one of his soldiers, Army Cpl. Brandon Craig, was killed, and another was severely wounded.

"I just knew there was an American voice on the other end that said 'sergeant major, we're coming to get you' - and that's the bottom line, and that's why the U.S. armed forces is what it is today," he said.

Troxell and the enlisted service chiefs spoke at a Pentagon press briefing following the first day of meetings Monday for the Defense Senior Enlisted Council - an annual executive-level con-

ference to address issues impacting the joint enlisted force.

Troxell was joined by Sgt. Maj. of the Army Daniel Dai-see **Advisors, page 4**

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# Coming Pearl Harbor Day: 'N is for never forget'

by Lisa Smith Molinari

If there's one thing Nancy Polette has learned in her 80-something years, it's how to educate children through reading.

In her lifetime, she tackled the task from every angle. As a teacher, she has motivated her students to read. As a librarian, she provided resources for learning through books. As a conference speaker and college professor, she taught other teachers the techniques she employed successfully.

But it was as a writer that Polette made her indelible mark on children's education. As the author of more than 170 books, she developed a knack for detailed research and captivating writing. This skill shines in her

most recent middle-grade fiction book, *N is for Never Forget*, due for release on Dec. 7, Pearl Harbor Day.

I recently sat down to read Polette's new work, which is a picture book that follows the alphabet from A to Z, each letter referencing an aspect of the history of American prisoners of war and missing in action. I expected an alphabet book to be juvenile. I expected to see simple illustrations in bright colors. I expected that I would not learn anything new.

I was wrong.

*N is for Never Forget* is so packed with riveting real-life stories, fascinating facts about POWs and MIAs, and unique art



and illustrations, I found myself lost in its pages.

From the dedication page - which features a digital rendering of the 1943 telegram illustrator Paul Dillon's mother received informing her that her husband, Paul's father, was missing in action - to the alphabetized stories of lost Soldiers and Sailors, I was riveted.

With each letter, I learned something new, from D for the devotion of the Angels of Bataan in WWII, to J for justice sought by the international courts for war crimes, to O for Operation Homecoming which brought Vietnam POWs home from Hanoi prison camps, to T for the Tap Code used by Vietnam War prisoners to communicate through walls, to Z for Army Air Forces bombardier Louis Zampernini who survived a plane crash and 47 days in a life raft before being held in a Japanese prison camp for two years.

## North Korea launches ICBM

WASHINGTON - The Defense Department detected and tracked a single North Korea missile launch Tuesday, Pentagon spokesman Army Col. Robert Manning said in a statement Nov. 28.

The initial assessment indicates that this missile was an intercontinental ballistic missile, he said. This is North Korea's third ICBM test this year, following two in July, and the first missile launch of any kind since Sept. 15, when they tested an intermediate range missile.

The ICBM was launched from Sain Ni, North Korea, north of Pyongyang, and traveled east

For a moment, I almost forgot that this book was for kids. But Nancy Polette knows how important it is to hook readers with extraordinary stories when they are at the key ages of nine, ten and eleven. She says, children that age need "something to chew on," and intense reading will give them much to think about.

"[I]f kids don't become passionate about reading, they won't be as well-educated as they should be," she said in a 2012 booksmakeadifference.com article, noting that it is important to inspire them to read avidly in 4th, 5th and 6th grades because middle school might be too late.

The illustrations in *N is for Never Forget* do their part to grab readers. Each is a digital painting created by Paul Dillon from surviving artwork and historical photographs of the actual events described. Some of the paintings are purely illustrative, while other like the cover page showing a line of men in a snowy prison camp, are hauntingly thought-provoking.

On Pearl Harbor Day, *N is for Never Forget* will be available through Elva Resa Publishing for \$16.95 [www.elvaresa.com/book/never-forget/](http://www.elvaresa.com/book/never-forget/). Nancy Polette lives in O'Fallon, Missouri, a suburb of St. Louis.

about 1,000 kilometers - about 620 miles - before splashing down in the Sea of Japan, within Japan's Exclusive Economic Zone, an area that extends 200 nautical miles from its coast. "We are working with our inter-agency partners on a more detailed assessment of the launch," Manning said.

The North American Aerospace Defense Command determined the missile launch from North Korea did not pose a threat to North America or U.S. territories and allies, the colonel said.

South Korea's news agency reported that its army staged its own "precision strike" missile exercise in response.

The United States' commitment to the defense of its allies, including South Korea and Japan, in the face of these threats, remains ironclad, Manning said. "We remain prepared to defend ourselves and our allies from any attack or provocation," he said.

## Advisors

continued from page 3

Sgt. Maj. of the Marine Corps Ronald Green; Master Chief Petty Officer of the Navy Steven Giordano; Chief Master Sgt. of the Air Force Kaleth Wright; and Master Chief Petty Officer of the Coast Guard Steven Cantrell.

"It's an incredible opportunity for all of us to be here today all at one time to talk about the backbone of our armed forces - that being our enlisted force," he said.

Discussions included policy, enlisted leader development and personnel readiness, which includes the manning, equipping and training of forces, especially under the ongoing budgetary constraints, he said.

Despite budgetary and other challenges, the U.S. armed forces remain the world's premier fighting force, the sergeant major said.

"From an overall perspective, we can say that our U.S. armed forces are always ready to fight and win our nation's wars," Troxell said, "but readiness under a resource-constrained environment takes its toll over the years."

Members across the total force feel the budget constraints, he said. A takeaway from his conversations with troops around the globe is that consistency and predictability - whether in pay and entitlements, or training and operational deployments - are factors in keeping morale high.

Despite the challenges, the

military is always ready to fulfill its commitments to the nation, he said.

"We absolutely still, as a U.S. armed force, can defend our homeland and our way of life. We can absolutely meet our alliance commitments and support our partners," Troxell said. "We absolutely have warfighting advantages in every warfighting domain, specifically in the human domain."

The services are tasked with the monumental job of manning, training and equipping the force to perform warfighting, peacekeeping and humanitarian tasks, he said.

"Our nation depends on our ability to be in the right place at the right time with the right qualities and capacities to protect our nation," he said.

The men and women who serve, Troxell said, are the most important aspect of the armed forces.

"We know that without a doubt our people are not only our most valuable resource but they are also our greatest competitive advantage when it comes to fighting and winning our nation's wars," he said.

Further, how the military educates, develops and empowers its enlisted leaders will be the decisive factor in accomplishing the missions the country asks of the military, the sergeant major said.

Troxell and the combatant command senior enlisted leaders are scheduled to hold a news briefing tomorrow, with a focus on joint operations, global integration and international partnerships.

## U.S.-Japan completes 3JA exercise

by MC2 Sarah Villegas

HYUGA-NADA SEA, Japan - USS *Chief* (MCM 14), Mine Countermeasures Squadron 7 staff, Explosive Ordnance Disposal Mobile Unit 5, Helicopter Mine Countermeasures Squadron 14 Detachment 2A, and Japan Maritime Self-Defense Force units successfully completed exercise 3JA Nov. 28.

The exercise, which lasted three days, was part of a series of exercises held between U.S. and Japan forces in order to increase proficiency and interoperability in mine countermeasure operations.

USS *Chief* hosted JMSDF members aboard to build bonds and share tactics on mine countermeasure operations. EODMU 5 embarked the Uraga class mine sweeper tender JS Uraga (MST-463) and staff members from MCMRON 7 embarked the Uraga-class mine sweeper tender JS Bungo (MST-464) in order to refine command and control functions as a team.

## Sailor found deceased on USS John C. Stennis identified

BREMERTON, Wash. - A Sailor found deceased on board USS *John C. Stennis* (CVN 74) Nov. 25, has been identified as Engineman Fireman Recruit Akiree Pointer.

*John C. Stennis* and the Navy convey their condolences to the Sailor's family and friends in their time of loss.

Pointer's previous commands include the Naval Recruit Training Center in Great Lakes, Illinois. His awards include the National Defense Service Medal.

An investigation into the cause of death is underway.

*John C. Stennis* is currently in port preparing for future operations and its next scheduled deployment.

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## Social Security Matters

by Russell Gloor

### Ask Rusty - Delayed retirement credits

Dear Rusty: I have delayed taking my Social Security retirement benefits for about 3 years past my full retirement age. I now want to start collecting benefits and am confused about the benefit calculation if I start midyear. Yesterday, I went to the Social Security office and applied and was told I would receive \$1,000 month (to make up a number) starting in November and again in December, and then in January the amount would increase to \$1070. Looking at the award letter online today, it is only showing the \$1,000 starting in November. A long call to Social Security did not result in the person saying the amount would increase in January so I suspended my claim. Looking further online it appears the \$1,000 amount was the benefit as of January 2017, 10 months ago. Searching the Social Security website seems to say the benefits increase on a monthly basis, not annually - but the \$1,000 is an annual calculation from 10 months ago. There is no verbiage talking about what happens if a person delays collecting and then sometime before he turns 70 starts to collect. So the question is: If I do start receiving the January 2017 amount of \$1,000 in November, will Social Security do an adjustment for future payments in January of 2018 for the 10 months from January to October? Or am I stuck with the reduced \$1,000 forever? Signed: Uncertain



Dear Uncertain: You haven't given me your birthdate, but from what information you've provided I believe it to be January 1948, which means that your full retirement age (FRA) for Social Security purposes is 66. Since you did not apply for Social Security at your FRA, you have been building Delayed Retirement Credits (DRCs) at a rate of 8 percent per year, which means that as of January 2017, you were entitled to 124 percent of the benefit you were due at FRA. You are correct that DRC's are earned monthly and the increase rate is 2/3 of 1 percent per month, so by November of 2017 you would have accrued an additional 6 percent DRCs for a total of 130 percent of your Primary Insurance Amount (or "PIA", the amount you were entitled to at your FRA). However, since Social Security only re-computes benefits to apply DRCs in January of each year, you wouldn't actually receive a benefit increase for that extra 6 percent of DRCs until January 2018. In other words, Social Security does not pay DRCs retroactively.

If you are correct that your benefit amount for January 2017 was \$1000, by doing the math we calculate your Primary Insurance Amount (the amount of your benefit at age 66) to be about \$807 and your benefit amount starting in either January or November of 2017 at about \$1,000, or 124 percent of your PIA. Since as of November you have actually accrued 130 percent in DRCs, you will get the additional 6 percent DRCs starting with your January 2018 benefit (paid in February 2018) for a total of \$1,049 (130 percent). If you instead wait until you are age 70 to start benefits in January 2018, the amount would be 132 percent of your PIA, or about \$1,065 (\$807 x 132 percent = \$1,065). Our figures do not allow for any COLA increases.

So if you did start your benefits in November 2017 your benefit then would be the same as it would have been in January 2017, because DRCs are only applied to benefits in January of each year. Then in January 2018 your benefit amount would be recomputed to add the additional 6 percent DRCs you accrued from January - October 2017. The exception to this rule is that earned DRCs are immediately applied to your first benefit payment in any month when you apply for benefits at age 70.

Russell Gloor is a certified Social Security advisor with the Association of Mature American Citizens. The information presented in this article is intended for general information purposes only. The opinions and interpretations expressed are the viewpoints of the AMAC Foundation's Social Security Advisory staff, trained and accredited under the National Social Security Advisors program of the National Social Security Association, LLC (NSSA). NSSA, the AMAC Foundation, and the Foundation's Social Security Advisors are not affiliated with or endorsed by the United States Government, the Social Security Administration, or any other state government. Furthermore, the AMAC Foundation and its staff do not provide legal or accounting services. The Foundation welcomes questions from readers regarding Social Security issues. To submit a request, contact the Foundation at info@amacfoundation.org.

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## VA to provide hyperbaric oxygen therapy to some veterans with chronic PTSD

WASHINGTON - The U.S. Department of Veterans Affairs (VA) announced this week that it will offer Hyperbaric Oxygen Therapy (HBOT) as a treatment option for a small number of Veterans with persistent post-traumatic stress disorder (PTSD) symptoms resistant to standard options.

Providers from the Eastern Oklahoma VA Health Care System and the VA Northern California Health Care System will partner with HBOT providers at the Tulsa Wound Care and Hyperbaric Center at Oklahoma State Medical Center in Tulsa, Okla., and the David Grant Medical Center on Travis Air Force Base, Calif., respectively, to provide this care.

"There is nothing more important to us than caring for our nation's Veterans, and that care must include finding different approaches that work best for them," said VA Secretary Dr. David Shulkin. "We have to explore every avenue, particularly for our most medically vulnerable Veterans, and be open to new ideas and strategies for their optimal health and well-being."

HBOT is a procedure that increases oxygen in the body, under pressure, to encourage healing. Currently, HBOT is commonly used to treat carbon monoxide poisoning, divers' sickness, enhanced healing of some wound problems, skin grafts, heat burns, crush injuries and other acute health-care issues that involve too little blood flow to a part of the body.

### Effort underway to increase awareness of toxic exposure in the military

The Tragedy Assistance Program for Survivors (TAPS) was recently awarded a grant by Wounded Warrior Project to launch an initiative aimed at increasing understanding of the impact of toxic exposures in the military and assist surviving family members whose loved one died after experiencing symptoms of that exposure.

The partnership, which also includes Vietnam Veterans of America, will seek to raise public awareness of the risks and effects of toxic exposure and ensure surviving families have access to available survivor benefits when their loved one dies as a result. While the initiative will focus on toxic exposure in the post-9/11 military, it will draw heavily on the knowledge, experience, resources and networks developed by Vietnam Veterans of America in its struggle to understand the effects of Agent Orange.

"We are so grateful for the

This use of HBOT for treatment of PTSD is considered an "off-label" use and will occur under the supervision of a trained physician. Separately, VA and the Department of Defense are planning a multisite research study to examine more fully the use of HBOT for patients diagnosed with PTSD.

## DoD-VA program for wounded, ill, injured service members marks 10th anniversary

The Department of VA and DoD marked the 10th anniversary of the Integrated Disability Evaluation System (IDES), a program developed by both organizations to streamline the disability evaluation process for wounded, ill and injured service members being medically discharged from military service.

VA and DoD celebrated the launch of IDES with a ceremony Nov. 28 at VA headquarters in Washington, D.C., where key officials shared a number of milestones and accomplishments of the innovative program that, to date, has helped more than 188,000 service members transition back into civilian life.

"Ten years ago, VA and DOD had two separate processes for evaluating disabilities of wounded, ill and injured service members when it came time for them to leave the service," said VA Secretary Dr. David J. Shulkin. "On average, it took a service member more than 500 days to navigate those two programs during a critical transition period in their lives. IDES has

support provided by the Wounded Warrior Project as well as their recognition of the increased impact of toxic exposure issues on the families of our nation's fallen heroes," said Bonnie Carroll, TAPS president and founder and a 2015 Presidential Medal of Freedom recipient. "The primary focus of our efforts within this initiative will be to ensure the families of military service members and veterans who have died as a result of illnesses related to toxic exposure are recognized, cared for and are able to receive all benefits they are entitled."

To this end, TAPS will develop and curate a library of relevant legislation, medical studies, literature, reports, and other forms of media and research that are specific to the issue of toxic exposure in the military. This knowledge will enable TAPS to better educate the public about the needs of families whose loved one died due to resulting illnesses.

As health-care leaders interested in innovative approaches to care, the VA Center for Compassionate Innovation (CCI) is facilitating use of HBOT for a subset of Veterans who have noticed no decrease of symptoms after receiving at least two evidenced-based treatments. CCI uses innova-

tive approaches to treat conditions where traditional methods have been unsuccessful. VA will monitor the HBOT clinical demonstration project and the HBOT research study to help inform the potential for HBOT usage to treat a larger number of Veterans with PTSD.

transformed that process. Now, the average processing time has decreased by more than 40 percent."

When IDES began in 2007, VA and DoD worked hand-in-hand to make the program a seamless, simple, faster and fair system for service members. IDES eliminated the duplicative,

time-consuming and often confusing elements of the disability assessment process within the agencies. Since its inception, the IDES process has helped ensure service members' access to VA benefits as soon as they separate from the military. Learn more about the IDES program, visit <http://warriorcare.dodlive.mil/disability-evaluation/ides/>.

### Linda Vista park honors MOH recipient

A park rededication ceremony is scheduled this Saturday, Dec. 2, in Linda Vista, honoring a Medal of Honor recipient.

The park previously known as Morley Green will be renamed John Baca Park. Army veteran Baca is a Medal of Honor recipient which he earned for his heroics in during the Vietnam War.

"He's an amazing, humble man who never stops giving back especially to the Gold Star families with his involvement with Snowball Express and all year through," said Trisha Marshall, co-chair of the Patriot Rally on the Midway Museum."

The ceremony begins at 1 p.m. at the park's location, 6900 Linda Vista Rd.

*Veterans Museum at Balboa Park*

balboa park  
DECEMBER NIGHTS

It's Christmastime at the Veterans Museum at Balboa Park. The museum staff announces that this Friday and Saturday, Dec. 1-2, they will join the fun of Balboa Park's December Nights. This two-night holiday spectacle is one of San Diego's biggest Christmas events. Join the museum for a special appearance by Mrs. Claus, light snacks and entertainment. Come get a look at the museum's Christmas tree and maybe even make a Christmas card for a wounded warrior or a veteran currently deployed to Iraq or Afghanistan. The Veterans Museum at Balboa Park is an organization who loves to give back to the veteran community and they encourage all others to do the same.

Doors open each night at 4 p.m. for this holiday event. Festivities will stretch until 9 p.m. Come grab a warm beverage and settle in for a spell as the Veterans Museum at Balboa Park shares how they do Christmas.

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# Career & Education

## SEAC: Educated, empowered enlisted leaders needed in joint environments

by Jim Garamone

Warfare is increasingly trans-regional, multidomain and multifunctional and professional military education must keep pace with these changes, the senior enlisted advisor to the chairman of the Joint Chiefs of Staff said recently.

Following a meeting of the Enlisted Military Education Review Council at the National Defense University here last week, Army Command Sgt. Major John W. Troxell said the military "has to develop our noncommissioned officers and petty officers to function in [an] environment" where threats continue to grow and become more complex.

Troxell noted that the military is becoming an increasingly joint force at lower levels. In the train, advise and assist missions in Iraq and Afghanistan, he said, joint force squads are led by staff sergeants.

Looking to the future, the question becomes how to train and educate "the next senior enlisted advisor to the chairman or [U.S.] Pacific Command senior enlisted leader or sergeant major of the Army?" he said.

The Enlisted Military Education Review Council seeks to find the answers to these questions. The members are senior enlisted

leaders for the services' training commands, key members of the Joint Staff and representatives from National Defense University. "This is designed to figure out the direction we want to go as a joint force," the sergeant major said, and how the services can develop leaders in a joint environment.

Specifically, the council looks at achieving the chairman's six approved enlisted leader attributes:

- The ability to operate on commander's intent and enable mission command at all levels;
- The ability to make sound and ethical decisions based on the values and standards of the profession of arms;
- The ability to use available resources to enhance the discipline, readiness, resiliency and health of the force;
- The ability to anticipate, communicate and mitigate risks;
- The ability to operate in joint, inter-agency, intergovernmental and multinational environments; and
- The ability to think critically and develop agile and adaptive leaders.

"We expect every noncommissioned officer and petty officer in the United States military to be able to execute at their appropriate level -- whether it is the tactical, operational or strategic level," Troxell said.

In other words, these attributes

apply to all levels of the enlisted force -- a corporal needs to have these qualities as much as a master chief petty officer does, the sergeant major said.

The council meets to get reports from the services to ensure they are able to incorporate these leader attributes through their service training or complemented through joint training.

"It's just to get a pulse on how we are doing building on what I call our greatest competitive advantage -- trained, educated and empowered enlisted leaders," he said.

The services are taking this to heart, Troxell said, and they are taking advantage of career-broadening assignments. He noted that civilian education "helps with the cognitive aspects of what we are doing."

But each service has a leader development model that trains young noncommissioned officers to grow, develop and operate effectively in their service specific environments, Troxell said.

In the past, he said, there was no joint model that complemented what the services were doing. The joint force needed a blueprint that allowed noncommissioned officers to be competent and focused not only in their parochial lanes,



**Air Force Chief Master Sgt. Ronald Thompson, senior enlisted leader of the chief of staff of the Air Force's Focus Area 2, speaks with Army Command Sgt. Maj. John W. Troxell, senior enlisted advisor to the chairman of the Joint Chiefs of Staff, before an Enlisted Military Education Review Council meeting at National Defense University in Washington, Nov. 20, 2017. The council met to discuss joint enlisted leader development, talent management and service education initiatives. DoD photo by Army Sgt. James K. McCann**

but also a joint or multinational environment, Troxell said.

The review council's discussions have led to the development of online Senior Enlisted Joint Professional Military Education-1 and SEJPME-2 courses, Troxell said. Senior enlisted personnel also can now access the Joint and Combined Warfighting School, which traditionally has trained only officers. And finally, there is now the Keystone Course for command senior enlisted leaders, which is the equivalent of the Capstone Course for flag and general officers.

There is progress, Troxell said, but more needs to be done. The council recommended increasing enlisted attendance at the Joint and Combined Warfighters School.

"We want to reach a bigger audience of senior enlisted [personnel]," he said. The school has 13 seminar groups per course, and the sergeant major said he would like to have a senior enlisted leader in each.

"As we develop this joint leader policy, we want to develop a policy from the chairman that talks about joint leader development," he said.

The council recommended

increasing Keystone attendance to reach a larger target audience, Troxell said. "We want to hit non-command select senior enlisted leaders -- meaning operations sergeants major, master gunnery sergeant[s] and other senior staff NCOs," he said.

The council has met annually since its formation, but at the most recent meeting members decided that it needs to meet every six months, Troxell said.

**Sailors should submit Tuition Assistance (TA) and NCPACE DL requests now for January Term** Sailors planning to take college courses in 2018 can get a head-start on the process and beat the holiday rush by selecting courses and applying now for Tuition Assistance (TA)/Navy College Program for Afloat College Education (NCPACE) Distance Learning (DL) funding. For more news from Naval Education And Training Professional Development And Technology Center go to [www.navy.mil/local/NETPDTC/](http://www.navy.mil/local/NETPDTC/).

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# On Base & On Board

**San Diego Metro MWR Virtual Reality Fun!** NBPL, Main Base, The Clubhouse, Bldg. 546 Stop by and play the latest VR games! Registration required: 619-553-9138

**NFL Football** NBPL, Main Base, The Clubhouse, Bldg. 546 Make the Clubhouse Recreation Center your home for all NFL games, all season long with Sunday Ticket. Our 110" Screen puts the hard hits, big runs and deep passes right in your face! Food specials available at Clubhouse Café. Info: 619-553-9138

**Daily Drop-In Games** NAB, Community Recreation Center, Bldg. 337 Stop by to try one of our NEW daily drop-in games! PS4 virtual reality games, board games and more! Available daily 10 am-5 pm. Info: 619-437-3190

**Conquer The Bay** November 1-Dec. 30, FREE 30-mile swim, 60-mile run, 120-mile bike Can you do it! Visit a Naval Base San Diego pool or fitness center to start tracking your miles, then collect rewards at each "rest stop." Note: Master's route = half the distance. Balboa Athletic Complex Pool, NMCSD, Bldg. 12, 619-532-6080 Balboa Fitness Center, NMCSD, Bldg. 26, Floor 1B, 619-532-7260 Admiral Prout Pool, NBSD, Bldg. 3279, 619-520-3048 Admiral Prout Field House Gym, Bldg. 3279, 619-556-7443 Harborside Fitness Complex, Bldg. 3477, 619-556-2064 The Olde Gym, Bldg. 223, 619-556-7450 Glow Hike

**Family Holiday Party** Saturday, Dec. 2, 9 am-1 pm, FREE NBSD Admiral Robinson Recreation Center, Bldg. 3223 Join us for a fun day of activities including rides, bounce houses, ice skating, Santa's Village and more! FREE LEGOLAND & Sea Life Child Hoper ticket (ages 3-12) inside Santa's Village. While supplies last. Info: 619-284-4054

**Kids Craft & Movie: Pinecone Tree** Saturday, Dec. 2, 10 am, \$5 NAB Community Recreation Center, Bldg. 337 Enjoy cookies and milk while you create a miniature pinecone Christmas tree decoration for the holiday season! Movie: Frozen (PG) Registration required: 619-437-3190

**Cinderella The Musical** Saturday, Dec. 2, 2 or 7 pm & Sunday, Dec. 3, 1 pm, \$43.25 NAB Ticket Office, Bldg. 337 The Tony Award® winning Broadway musical returns to the San Diego Civic Theatre to delight audiences with its contemporary take on the classic tale. Purchase your tickets at the NASNI MWR Ticket Office for a chance to win a Cinderella-themed gift basket! Info: 619-545-9576

**Hot Springs Camping Trip** Dec. 2-3, 2-3 pm, \$30 adult/\$20 child Agua Caliente County Park, 39555 Great South State Route of 1849 Feeling wanderlust and need to get outdoors and recharge! This no-stress camping trip is the perfect weekend of hot springs, hiking, and good times. Includes all camping equipment, two meals

and dessert. Transportation available upon request, additional charges apply. Registration required: NBPL 619-553-9138, NBC 619-437-3190, NBSD 619-556-9597

**Holiday Concert & Tree Lighting** Sunday, Dec. 3, 4-7 pm, FREE Lowry Theater, NASNI Get in the spirit of the season as the Navy Jazz Band performs a seasonal selection of tunes while patrons enjoy a visit and photo booth op with Grinch characters. Ceremonial tree lighting on the front lawn and holiday movie follow the performance. Info: 619-437-3190

**WWE: Salute To The Troops Visit** Tuesday, Dec. 5, FREE NAB Ticket Office, Bldg. 337 Call the MWR Ticket Office at 619-545-9576 for information on how to get your FREE tickets to the WWE event coming to Valley View Casino Center. Tickets available to single enlisted and unaccompanied active duty, plus a guest, 18+. Sign up today at: VADM Martin Liberty Center, NASNI: 619-545-3331 Q-Zone Liberty Center, NAB: 619-437-3190

**"How To" Tuesday: Holiday Mason Jars** Tuesday, Dec. 5, 6-8 pm, \$5 NAB Community Recreation Center, Bldg. 337 These mason jars make great centerpieces to light up Santa's way! Cost includes a "JOY" and "NOEL" mason jars. Info: 619-437-3190

**Storytime & Craft** Wednesday, Dec. 6, 10-11 am, FREE SAY San Diego-Military Family Resource Center, 3487 Santo Rd. Join us for toddler storytime and craft with Santa! Registration required: 619-556-9597 or Online: www.navylifefsw.com

**Build A Terrarium** Thursday, Dec. 7, 6 pm, \$12 NBPL, Main Base, The Clubhouse, Bldg. 546 Back by popular demand! Leave the hard work to us. We'll provide everything you need to create and take home a beautiful terrarium. Info: 619-553-9138

**Winter Wonderland Party** Friday, Dec. 8, 5-8 pm, \$9 adults/\$6 kids (3 yrs.+), NAB Community Recreation Center, Bldg. 337 All military families are invited to enjoy holiday music and karaoke, a gingerbread decorating contest, special visit and story read by Mrs. Claus, a holiday photo booth with props and a Santa letter writing station complete with mail box to the North Pole. Don't worry! There is also an adult corner for parents to make a holiday apron. The night ends with a family holiday trivia game with prizes! Space is limited to 200 patrons. Registration required: 619-437-3190 or 619-545-9576

## HAPPENINGS LISTED FROM PREVIOUS ISSUES... LIBERTY

**Outreach Mondays** 2nd Monday at NBPL, Main Base • 4th Monday at NBPL, Harbor Drive Annex 10:30 am-12:30 pm • FREE Sign up at your base Liberty Center today! Visit our booth to sign up for upcoming trips and events. Enjoy FREE activities and treats!

Info: 619-524-6587

**Game Night @ Liberty Hall** Mondays • 6-8 pm • FREE Game Night every Monday -- what will it be this week! Board games, card games, video games and more! Info: 619-524-6587

**Pool Tournament @ Liberty Hall** Tuesdays • 6-8 pm • FREE Game play varies weekly. Always a chance to win prizes! Info: 619-524-6587

**Weekly NFL Picks @ Liberty Hall** Thursdays • Due by 5 pm • FREE Submit your picks each week before the start of Thursday Night Football. Person with the best record gets their name on our "Winner's Board" and a VIP seat at our Super Bowl Party Liberty Hall: 619-524-6587

**Tree Trimming** Friday, Dec. 1, 6-9 pm • FREE Help decorate our Christmas tree and receive free hot cocoa and cider. 619-524-0961

**Dec. Nights at Balboa Park** Saturday, Dec. 2 • Noon • FREE Let's walk over to Balboa Park to celebrate the 40th anniversary of San Diego's premiere holiday event! Trip open to single enlisted and unaccompanied active duty, plus a guest, 18+. Info: 619-532-8909

**UFC 218** Saturday, Dec. 2 • 7 pm Watch UFC's best fighters on any one of our 17 big screen TVs! Claim your seat fast! Space is limited. Trip open to single enlisted and unaccompanied active duty, plus a guest, 18+. Info: 619-556-5085

**Skating by the Sea** Saturday, Dec. 2, 2-6 pm • \$25 Celebrate "A Winter of Whimsy" with seaside ice skating at SoCal's ultimate winter wonderland -- the Hotel del Coronado. Trip open to single enlisted and unaccompanied active duty, plus a guest, 18+. Info: 619-437-3190

**Scuba Adventure** Saturday & Sunday, Dec. 2 & 3 • 7 am • Call for pricing Learn basic scuba diving then don your equipment for a 45-minute shallow water skill development session at Mission Point. To top it off, enjoy an open-ocean dive to 25 feet with the instructor where you can see California's state fish, the Garibaldi, and other fascinating critters of the deep. Trip open to single enlisted and unaccompanied active duty, plus a guest, 18+. Sign up by 11/27. Sign up today at: VADM Martin Liberty Center, NASNI: 619-545-3331 Q-Zone Liberty Center, NAB: 619-437-3190

**Whale Watching in San Diego Bay** Sunday, Dec. 3 • Call for time and cost Head out on open waters with Liberty's chartered Flagship boat to look for the ocean's largest and majestic creatures! Trip open to single enlisted and unaccompanied active duty, plus a guest, 18+. Info: 619-532-8909

**DIY Ugly Sweater** Sunday, Dec. 3 • 4-8 pm • FREE Bring a sweater or article of clothing to decorate for our Ugly Sweater Party. We'll supply the items to spark your creativity. Info: 619-524-0961



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### Naval Base Theater - NBSD, 619-556-5568, Bldg. 71

Friday, December 1  
5:50 pm Thor: Ragnarok (PG-13) 130 min.  
8:30 pm Thor: Ragnarok - 3D (PG-13) 130 min.

Saturday, December 2  
12:40 pm Geostorm (PG-13) 109 min.  
3:00 pm Thor: Ragnarok (PG-13) 130 min.  
6:00 pm A Bad Moms Christmas (R) 104 min.  
8:20 pm Thor: Ragnarok (PG-13) 130 min.

Sunday, December 3  
12:50 pm Thor: Ragnarok (PG-13) 130 min.  
3:20 pm Geostorm (PG-13) 109 min.  
5:50 pm Thor: Ragnarok (PG-13) 130 min.  
8:20 pm Thank You For Your Service (R) 109 min.

Monday, December 4  
5:50 pm A Bad Moms Christmas (R) 104 min.  
8:00 pm Thor: Ragnarok (PG-13) 130 min.

Tuesday, December 5  
5:50 pm A Bad Moms Christmas (R) 104 min.  
8:00 pm Geostorm (PG-13) 109 min.

Wednesday, December 6  
5:50 pm Thor: Ragnarok (PG-13) 130 min.  
8:00 pm Tyler Perry's Boo 2! A Madea Halloween (PG-13) 101 min.

Thursday, December 7  
5:50 pm A Bad Moms Christmas (R) 104 min.  
8:00 pm Thank You For Your Service (R) 109 min.

### Lowry Theater - NASNI, 619-545-8479, Bldg. 650

Friday, December 1  
5:50 pm Thor: Ragnarok (PG-13) 130 min.  
8:20 pm A Bad Moms Christmas (R) 104 min.

Saturday, December 2  
1:00 pm Thor: Ragnarok (PG-13) 130 min.  
3:40 pm Thank You For Your Service (R) 109 min.  
6:00 pm Geostorm (PG-13) 109 min.  
8:10 pm Thor: Ragnarok (PG-13) 130 min.

Sunday, December 3  
1:00 pm Thor: Ragnarok (PG-13) 130 min.  
3:30 pm Happy Death Day (PG-13) 96 min.  
5:50 pm Thor: Ragnarok (PG-13) 130 min.  
8:20 pm A Bad Moms Christmas (R) 104 min.

Monday, December 4  
5:50 pm Thor: Ragnarok (PG-13) 130 min.  
8:20 pm A Bad Moms Christmas (R) 104 min.

Tuesday, December 5  
6:00 pm Geostorm (PG-13) 109 min.  
8:20 pm The Foreigner (R) 114 min.\*

Wednesday, December 6  
6:00pm Thor: Ragnarok (PG-13) 130 min.  
8:30 pm Jigsaw (R) 92 min.

Thursday, December 7  
6:00 pm Happy Death Day (PG-13) 96 min.\*  
8:00 pm Thank You For Your Service (R) 109 min.



### Q-Zone Theater - NAB, 619-437-5487, Bldg. 337

Friday, December 1  
5:00 pm Kingsman: The Golden Circle (R) 141 min.

Saturday, December 2  
11:15 pm Frozen (PG) 102 min.  
2:00 pm Dunkirk (PG-13) 107 min.  
5:00 pm Mother! (R) 121 min.

Sunday, December 3  
Holiday Concert & Tree Lighting, 4-7 pm, FREE Lowry Theater, NASNI

Monday, December 4  
4:00 pm E.T. the Extra-Terrestrial (PG) 105 min.

Tuesday, December 5  
11:00 am The SpongeBob Movie: Sponge Out Of Water (PG) 93 min.  
5:00 pm Goonies (PG) 104 min.

Wednesday, December 6  
5:00 pm Good Will Hunting (R) 126 min.

Thursday, December 7  
11:00 am Home (PG) 96 min.  
5:00 pm Braveheart (R) 177 min.



## Five bucks' worth of holiday joy



by Lisa Smith Molinari

Every year, there it was. Pop's gift for me, propped among the branches of our Christmas tree. Always the same rectangular envelope crafted from heavy paper with dainty red curlicues printed on the corners. It reflected the brilliant glow of our incandescent Christmas bulbs in red, green, orange, blue and gold.

After all the boxes were opened, I'd pluck it from between my family's eclectic collection of ornaments — silvered balls, yarn and popsicle stick creations, glittery musical instruments, and feathered birds. I'd fish it from the tangle of tinsel, careful to not touch the hot lights. I'd slide a finger under the envelope's sturdy flap, bend it back until I could see Abraham Lincoln's waxy portrait staring at me through the little oval window. And I would smile.

Pop never forgot to give each one of his four grandchildren five dollars for Christmas. It was something we all counted on,

looked forward to, and trusted, from before I can remember, until he couldn't remember due to old age and dementia.

The complete lack of surprise was part of the gift's charm. The envelope always held five bucks. Nothing more, nothing less. The fun was in deciding how to spend it each year.

### the meat and potatoes of life

In the 70s and 80s, I used Pop's annual gifts to finance a myriad of typical childhood indulgences. When I was small, it might have been one of those shrink-wrapped dress up sets that included a tiara, plastic high heels, elbow-length gloves and a parasol. Later, maybe a Magic 8 Ball. A movie ticket to see Escape to Witch Mountain. A Bonnie Bell lipgloss and some frosted purple eyeshadow. A Squeeze cassette tape. A pair of rainbow suspenders. A new curling iron. Shared chimichangas and fried ice cream with my high school friends at ChiChi's Restaurant.

It didn't matter that Pop's five dollar bill didn't go very far, never increased for inflation, and wasn't picked out at a store just for me. Regardless of its plainness, Pop's gift was a reliable communication of his love.

On his modest income, Pop, a

widower, would have had to put forth considerable effort to send gifts to his grandchildren. After an economical lunch of fried baloney and Veg-All, he would have put on his signature bow tie and a newsboy cap, to make the trip to his local bank. After flirting with the tellers, he would have withdrawn a wad of crisp five dollar bills. With a wink and

a wave, he would have driven his big sedan to the stationary store to buy the special envelopes with the little oval windows. At home, he would have stuffed one for each of my cousins, my brother, and me.

Decades later, as Pop lies alongside my grandmother in a cemetery in Louisville, Kentucky, holiday gift giving has undergone a dramatic transformation.

Nowadays, gift lists are long and require subsets, contingencies, and sometimes, spreadsheets. We buy for everyone from Aunt Millie to the school janitor. We troll the internet in search of discounts, coupon codes, and free shipping. We browse for just the right gift until our eyes cross and our fingers bleed. When online shopping fails us, we are swept into the swirling sea of retail consumerism at malls and superstores.

We read the fine print of the sales flyers. We elbow our fellow shoppers to grab the best bargains. We stand in infuriating check out lines, only to be told by the irritated salesperson that the "buy-one-get-one-half-off deal only applies to last season's merchandise."

And when the holiday rolls around, these gifts that were acquired under extreme duress are given, appreciated briefly, then soon forgotten, their meaning lost in the gift-giving frenzy.

Pop had it right. Ironically, his annual present stood out among the heaps of boxes under our tree, because it was simple, given without fanfare, glitter or bows. To me, that envelope contained not only Abraham Lincoln, but also, dreams and possibilities. The cost to Pop was only five dollars, but the value of his gift of dependable love was always priceless to me.

## ASYMCA, United Health Foundation and Fisher House Foundation Collaborate to Support Military Families

*New \$150,000 grant will help expand child development programs at Fisher Children's Center at Camp Pendleton*

The Armed Services YMCA Camp Pendleton, United Health Foundation and Fisher House Foundation are collaborating to increase capacity and enhance the curriculum of the Fisher Children's Center at Marine Corps Base Camp Pendleton.

A \$150,000 grant from United Health Foundation that will help more military families access to affordable and quality child-development programs on base.

In 2014, United Health Foundation donated \$2.65 million to fund the construction of Camp Pendleton Fisher House, which provides military and veterans' families a place to stay at no cost while their loved ones are receiving treatment at the nearby Naval Hospital. This collaboration extends the reach of this support further into the Camp Pendleton community to improve the quality of life for military families.

The grant was announced publicly Nov. 30 at the Fisher Children's Center aboard Camp Pendleton.

## Donate a Toy for a Tot at a county airport

by Gig Conaughton

There's an easy way to feel good this holiday season — just put a smile on the face of a less fortunate kid.

It's easy to do. Simply drop off a new, unwrapped toy into the Toys for Tots donation box at one of four County airports — McClellan-Palomar Airport in Carlsbad, Gillespie Field in El Cajon, Fallbrook Airpark in Fallbrook, or Ramona Airport in Ramona. You'll be helping County airports and the U.S.

Marine Corps Reserve make sure a bunch of kids have a happier holiday!

All of the donation boxes will be open until Saturday, Dec. 16. All donated toys will be given out to children in San Diego County communities.

As in previous years, there will be two special collections at Ramona and Fallbrook airports. Marines in full uniform will personally collect toys from 10 a.m. to 2 p.m. Saturday, Dec. 9 at Ramona Airport, and from 10

a.m. to 2 p.m., Saturday, Dec. 16 at Fallbrook Airpark.

Donations can include new, unwrapped toys, bikes, games, dolls, stuffed animals and just about anything that will help brighten up a child's holidays. Pilots can fly in to deliver their donations at the airports.

So, get that good holiday feeling. Drop off a new toy for a child. For more information, contact the Fallbrook Airpark at (760) 723-8395 or Ramona Airport at (760) 788-3366.



## Places of Worship



### Bayview Baptist Church

6126 Benson Avenue, SD 92114 (619) 262-8384  
 Sunday 7:00 am, 9:00am and 11:00 am Worship Service  
 2<sup>nd</sup> Wednesday's 6pm YLoV and YMoV  
 Wednesday Night Live (WNL) 7pm  
 "A Multi-Cultural, Multi Ethnic, Multi Generational Church"  
[www.bayviewbc.org](http://www.bayviewbc.org)

### Canyon View Church of Christ

"Love God, Love People, Serve the World"  
 Sunday Bible Classes for all ages 9:00 am  
 Sunday Worship 10:00 am, 6:00 pm  
 Wednesdays: Pizza and Fellowship 6:30 pm, Bible Study 7:00 pm  
 4292 Balboa Avenue, San Diego 92117 (Located near the corner of Balboa Avenue and Clairemont Drive) (858) 273-5140  
[www.canyonview.org](http://www.canyonview.org) Email: [cvooffice@canyonview.org](mailto:cvooffice@canyonview.org)

### Christ Community Church

Helping people love God and each other more!  
 Sundays at 8:45 am & 10:30 am with Children's Ministries for All Kids!  
 Small Groups for Teens and Adults of all Ages!  
 9535 Kearny Villa Rd., Mira Mesa 92126; Located just off Miramar Rd. & I-15  
[www.gotochrist.com](http://www.gotochrist.com) or (858) 549-2479  
[@gotochrist](http://@gotochrist) or [facebook.com/ccscsd](http://facebook.com/ccscsd)

### City of Faith Family Worship Center

6265 University Avenue, San Diego CA 92115, (619) 265-2921  
[www.cityoffaithFWC.org](http://www.cityoffaithFWC.org)  
 Join us on Sunday for Christian Education 9am, Morning Worship at 10 am  
 Wednesday - Bible Study 7pm - 8 pm

### City of Praise

The Perfect Place for Imperfect People to Mature in Christ!  
 A place to belong with exciting life related messages for everyday living.  
 See you at Sunday School - 9:00am & Sunday Moring Celebration-10:30am  
 Tues Bible Connection-7pm Location: 2321 Dryden Rd., El Cajon, CA 92020  
 619.749.1767 visit us at [www.thecityofpraise.org](http://www.thecityofpraise.org) & [twitter@citybishop](https://twitter.com/citybishop)  
 Bishop Stephen M. Brunson, Senior Pastor, USN, Retired

### First Baptist Church

"Reach Up, Reach Out, Reach the World"  
**Interim Pastor Jim Baize** [www.fbcoronado.com](http://www.fbcoronado.com)  
 Sunday Bible Study 8:45 am, Sunday Worship Service 10 am  
 Friday's Women's Bible Study **9:30-11:30 am**  
 445 C Ave, Coronado, CA 92118 (619) 435-6588  
[ariel@fbcoronado.com](mailto:ariel@fbcoronado.com) **FB: First Baptist Church of Coronado**

### First Church of Christ, Scientist, Chula Vista

A healing church to bless the community - all are warmly welcomed!  
 Sunday: Worship Service and Sunday School 10 am  
 1st Sunday: Worship Service in Spanish 2 pm  
 Wednesday: Testimony Meeting 7 pm  
 Reading Room: 300 Third Avenue, Chula Vista Tu-Sat 10 am-2 pm  
 Church: 41 "I" Street, Chula Vista, CA 91910  
 (619) 422-6400 [www.prayerthatheals.org](http://www.prayerthatheals.org)

### Lighthouse Baptist Church

"Where the Shout has not Died Out!"  
 1345 Skyline Dr, Lemon Grove, CA 91945  
 Sunday School and Adult Bible Classes: 9:30 am  
 Sunday Morning Service 11 am, Sunday Evening at 5:30pm  
 Midweek Service and Teen Church, Thursdays at 7pm  
[www.lighthousebaptist.com](http://www.lighthousebaptist.com) (619) 461-5561

**New military families are moving to San Diego every day. Invite them to worship with you in the Dispatch Church Directory. (619)280-2985**

### Mesa View Baptist Church

Dr. Darrow Perkins, Jr., Th.D. Pastor/Servant  
 Seeking Sinners; Saving Souls, Strengthening Saints  
 Sunday Church School at 8:45 am  
 Morning Worship at 10 am  
 Wednesday Night Bible Study 7 pm  
 13230 Pomerado Rd, Poway CA 92064  
[www.mesaview.org](http://www.mesaview.org) (858) 485-6110

### Mt. Moriah Christian Church

"Purpose Driven" Gospel Church  
 Multi-Cultural, Non-Denominational  
 Services on Sunday at 9 a.m. and 11 a.m. Near Miramar Base  
 L.J. Thomas - Sr. Pastor  
 7055 Carroll Rd, San Diego CA 92121  
 (858) 335-5795 [www.mtmoriahcc.org](http://www.mtmoriahcc.org)

### Santee United Methodist Church

"A Place To Be Loved, A Place To Belong"  
 Rev Christian DeMent Pastor  
 Sunday Worship at 8:15 & 10am  
 Children's Sunday School at 10am, Youth Group at 11:30am  
 8964 N. Magnolia Ave., Santee (Near Mission Gorge)  
[www.santeeumc.org/619.448.4456](http://www.santeeumc.org/619.448.4456)

### St. Luke's Lutheran Church

5150 Wilson Avenue, La Mesa, CA 91942  
 Phone: 619-463-6633  
 website: [www.st-lukes-la-mesa.org](http://www.st-lukes-la-mesa.org)  
 Worship: 9:00 am  
 Pastor: Mark Menacher, PhD.  
 We thank you for your service!



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## Family fitness with young children

As a parent of young children, your time may not always feel like your own. Despite your best efforts, it may seem like there's always another mess to clean. Finding time to exercise ... well, let's just say it might not make it to the top of your to-do list.

But here's the thing: you don't have to choose between spending time with your children and physical fitness. Regardless of your current fitness level, there are ways to include your family in your active lifestyle, which ultimately sets a positive, healthy example for your kids.

### Fitness with a baby

- Put your baby in a stroller and take a brisk walk. You'll get some exercise, your child will enjoy a change of scenery, and you'll both get some fresh air.

- Invest in a jogging stroller. Once your child is old enough, a jogging stroller is a great way to pick up the pace and improve your cardiovascular fitness.

- Check out upcoming walks, fun runs or races. See if your community or Morale, Welfare and Recreation program offers a stroller-friendly option.

- Hike with a baby carrier. There are numerous options on the market that allow you to safely strap your child to your chest or back, so you can enjoy a hike.

- Look for a parent and baby fitness class. Check with your installation's fitness center to see if it offers classes designed for parents with young children.

### Fitness with a toddler or young child

- Take a trip to the park. Visit the playground on your installation or find a park in your surrounding community where you and your child can run, climb, swing and jump.

- Go for a bike ride. Attach a child's seat to your bike and get ready for a good time. Make sure you have the proper safety equipment (like a helmet) before you set out.

- Rent sports equipment. Check with Morale, Welfare and Recreation on your installation to see what equipment is available if you aren't yet sure of your child's unique interests. This is a way to introduce your child to a wide range of sporting options without spending a lot.

- Go bowling. Not only does bowling provide a great way to get



some activity, but your installation's bowling alley may even offer a family discount.

- Go for a swim. Spend an afternoon splashing around with your child and teaching them swimming basics, like floating and treading water. You can even check with Morale, Welfare and Recreation about swimming lessons.

- Have a dance party. Fitness doesn't have to be a formal activity to be good for your body. Turn on some music and have a family dance party at home.

Remember, every little bit of activity counts — whether it's doing jumping jacks during television commercial breaks or playing a game of tag with

your children in the backyard. Use whatever time and equipment you have at your disposal to prioritize your fitness while still spending time with your family. Not only will your family's health improve, but your children will learn the types of healthy habits that last a lifetime.

Check with Morale, Welfare and Recreation on your installation for a schedule of swimming lessons, or reach out to Health and Wellness Coaching for other ideas for family fitness activities.

## Kroc Center to open Toy n Joy Shop

The Salvation Army Women's Auxiliary at Salvation Army Kroc Center will begin decorating the Kroc Center's warehouse Dec. 4, converting it until a Toy n Joy Shop.

The Salvation Army Kroc Center assists families all year long with food, scholarships, hygiene kits, utility assistance and more.

"Thanks to the generosity of the community," said Glynis Eckert, marketing and communications manager at The Salvation Army Kroc Center, "our center is excited to be able to provide assistance to more than 300 families and 700 children in this community." From Dec. 4-14, hundreds of volunteers will be accepting toy and food donations, sorting, and filling up the Toy n Joy shop. **On Dec. 16 and Dec. 18**, families will come to the Kroc Center to select the toys they want for their children.

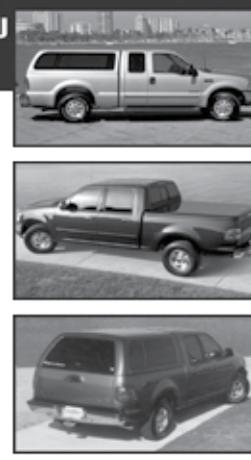
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## Visit Santa at FFSC branches and Family Readiness Express

Join the Fleet and Family Support Center (FFSC) for some FREE family fun this holiday season. Santa will be making his annual visit to the off-base FFSC branches within the Lincoln Military Housing communities of Bayview Hills, Gateway Village, Murphy Canyon, and Village at Serra Mesa as well as the Santee branch. He will also be visiting the Family Readiness Express (FRE) at military housing communities without an FFSC branch in the housing communities of Chollas Heights, Chesterton and Silver Strand. Santa will be taking photos with good girls and

boys. This is a great opportunity for military families to avoid the crowded malls and create holiday memories. Remember to bring your camera!

### Santa on the FRE:

December 4: Chollas Heights 2pm-4pm

December 5: Chesterton 2pm-4pm

December 6: Silver Strand 3pm-5pm

For more information, please call (858)361-9545

### Santa at the Off Base FFSC Locations:

December 11: Murphy Canyon Branch 2pm-4pm

December 12: Santee Branch 2pm-4pm

December 13: Village at Serra Mesa Branch 2pm-4pm

December 14: Gateway Village Branch 2pm-4pm

December 20: Bayview Hills Branch 2pm-4pm For more information, please call (858)277-4259.



### SD Truck Accessories and Equipment

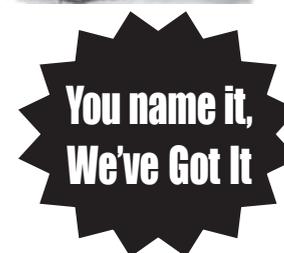
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## SECNAV celebrates Thanksgiving with USS America and 15th MEU

ARABIAN GULF - Secretary of the Navy (SECNAV) Richard Spencer conducted his first holiday visit to the deployed Marines and Sailors of amphibious assault ship USS *America* (LHA 6) and embarked 15th Marine Expeditionary Unit (MEU) on Thanksgiving Day, Nov. 23.

While aboard the ship, Spencer conducted an all-hands call where he addressed his priorities while speaking to the Marines and Sailors. He reminded everyone aboard that people, capabilities and processes are what enable the Department of the Navy to provide maritime dominance and power projection in an uncertain age, and that it is the individual Marine or Sailor who will improve the processes to meet future challenges.

"You are what makes (this ship) an effective weapon," he said. "You are what sharpens the pointy end of the spear and it's because of you that this works ... we become a quick thinking organization and punch way above our weight to increase our capabilities."

He also expressed his deepest gratitude for everyone's service especially over the holidays.

"One of the jobs [my wife] and I have back home is to make sure the civilian world knows what their Navy-Marine Corps team is doing," said Spencer. "Today, as we celebrate Thanksgiving, I think this just epitomizes [your efforts]."

Before wrapping up the all-hands call, the secretary's wife spoke with the Marines and Sailors.

"As a mom, I wish I could hug you all and say happy Thanksgiving," said Polly Spencer as

she thanked the service members for their sacrifices being away from family.

Spencer conducted a mass reenlistment and fielded questions from the crowd ranging from his thoughts on the future of information and cyber warfare to expressing his excitement about being back with his old helicopter squadron.

During his service in the Marine Corps, the secretary served as an H-46 pilot with Marine Medium Helicopter Squadron 161, the Marine Corps' first tactical helicopter squadron, which was converted to Marine Medium Tiltrotor Squadron (VMM) 161 when the MV-22B Osprey became operational in 2009. VMM-161 is currently the Aviation Combat Element for the 15th MEU and is reinforced with additional AV-8B Harriers, CH-53E Super Stallions, UH-1Y Hueys and AH-1Z Cobras.

"It's a big honor to have the SECNAV come visit us on Thanksgiving," said Information Systems Technician 2nd Class Louis Espinoza, one of the Sailors that reenlisted. "But it's an even greater honor to be reenlisted by him."

Immediately following the all hands call, Spencer and his wife met with the food service

division on the junior enlisted mess deck and began serving the Thanksgiving meal to Sailors and Marines.

The meal was served with all the usual Thanksgiving trimmings on one of the largest scales imaginable. The entree consisted of 540 pounds of turkey, 520 pounds of baked



Secretary of the Navy Richard Spencer, serves turkey to Logistics Specialist 2nd Class Anna Kalinin on board USS *America* (LHA 6) during their visit on Thanksgiving Day. photo by MC2 Alexander Ventura II

spiral ham and 500 pounds of prime rib, while accompanied with a variety of side dishes and eggnog to drink.

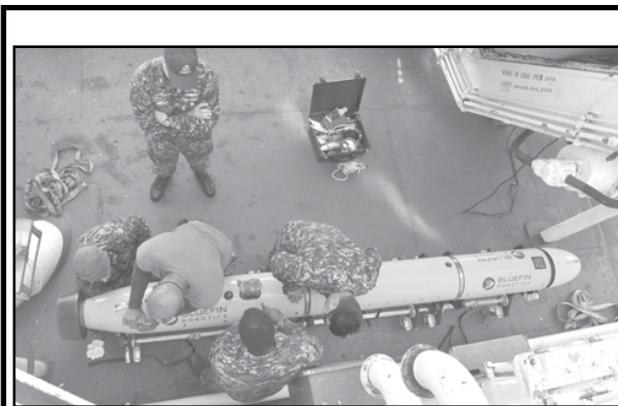
"We've been preparing and planning all week for this event," said Culinary Specialist 2nd Class Rose Fennel from the ship's food service division. "We started with thawing out frozen items a few days ago, and we started cooking at 5:30 a.m. to make this big beautiful Thanksgiving feast for the crew."

After the SECNAV and his wife served turkey onto each passing plate, he sat down with the crew and shared the special meal with them.

Following the meal Capt. Joseph Olson, *America's* skipper, accompanied by the MEU commander and the *America* ARG commodore, gave a tour of the ship to SECNAV and his wife. The SECNAV saw the ship's bridge, medical bay and several tactical spaces to include the landing force and the joint operations centers.

"We're honored to have our secretary on board today, and although we will not be with our families this holiday season, we're celebrating Thanksgiving together as the *America* family," said Olson. "Today we have the watch."

*America* is the flagship for the *America* Amphibious Ready Group and, with the embarked 15th Marine Expeditionary Unit, is deployed to the U.S. 5th Fleet area of operations in support of maritime security operations to reassure allies and partners and preserve the freedom of navigation and the free flow of commerce in the region.



Sailors perform maintenance on a Bluefin-12D, an unmanned underwater vehicle, on board Norwegian construction support vessel *Skandi Patagonia* near the submarine rescue chamber. Undersea Rescue Command is mobilized to support Argentine's search and rescue efforts for the submarine A.R.A San Juan. Navy photo by MC2 Derek Harkins

### Navy Reserve Sailors deploy for Argentine submarine search

SAN DIEGO - U.S. Navy Reserve officers and Sailors from Navy Reserve Undersea Rescue Command and Navy Reserve Undersea Rescue Command Headquarters recently deployed on short notice orders in support of a United States Southern Command (SOUTHCOM) led submarine rescue mission.

Leveraging their expertise in numerous areas, the Sailors were divided into two teams to support the mission and join in the search for the Argentine Navy submarine A.R.A. San Juan, lost in South Atlantic waters.

Thirty-six reservists have moved forward for assignment underway on the supply vessel *Skandi Patagonia*, while six remained in San Diego where they will coordinate and stand by to provide relief.

An additional six Reserve officers and Sailors will be reporting to Commander, Submarine Forces Atlantic (COMSUBLANT) to support Commander Task Force 46. These sailors will provide watchstanding support to better enable coordination and reporting.

U.S. Southern Command (SOUTHCOM) directed the deployment of this equipment and personnel to Argentina to support the country's request for international assistance aimed at locating the missing submarine and crew.

SOUTHCOM is one of the nation's six geographically-focused unified commands with responsibility for U.S. military operations in the Caribbean, Central America, and South America.

## AUSA to host holiday luncheon

The Association of the U.S. Army (AUSA) San Diego Chapter will kickoff the holiday season with a Christmas luncheon Dec. 2 at the Navy's Anchors Catering & Conference Center on Naval Base San Diego.

This is an annual event in

which AUSA San Diego Chapter members in good standing (current paid membership fees) and one guest are admitted for free.

"Those who will fill out a new membership application at the door will be admitted for free, along with one guest," said Eddy

Datuin., SD Chapter executive.

Individual membership to AUSA is open to all (all services, civilians, etc.), and there is no local (San Diego) chapter fees, just the national fees. For more information, go to <https://www.ausa.org/membership/individual>.

### Pick up your discount AMC movie vouchers at the following bases:

**MCAS Miramar Bldg. 2524**  
**Mon-Fri: 9 a.m. - 5 p.m.**  
**Sat: 9 a.m. - 2 p.m.**  
**Sun, Holidays: Closed**  
**Ticket Office**  
**(858) 577-4126/4141**

**NAS North Island**  
**Mon-Sat: 9 a.m. - 7 p.m.**  
**Sunday & Holidays:**  
**9 am-2 pm**  
**Navy Exchange Mall**  
**Phone: (619) 545-9576**

**Naval Base San Diego**  
**Mon: 9 a.m. - 5 p.m.**  
**Tues-Fri: 9 a.m. - 7 p.m.**  
**Sat: 9 a.m. - 5 p.m.**  
**Sun, holidays: 9 - 2**  
**Bldg. 3379**  
**(619) 556-7498**

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FRIDAY, DECEMBER 01, 2017			
NO SPACE 'A' DEPARTURES			
SATURDAY, DECEMBER 02, 2017			
NO SPACE 'A' DEPARTURES			
SUNDAY, DECEMBER 03, 2017			
Flt #	A/C Type	Time(L)	Destinations(Seats Available)
CNV 4653	C40	09:00	WHIDBEY(121), OGDEN, UT(11)

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# USS San Diego arrives in Souda Bay, Greece

by MC3 Justin Schoenberger  
SOUDA BAY, Greece - San Antonio-class amphibious transport dock ship USS *San Diego* (LPD 22) and embarked 15th Marine Expeditionary Unit (MEU) arrived in Souda Bay, Greece, for a scheduled port visit, Nov. 27.

This is *San Diego*'s second port visit in Souda Bay during this deployment. While in port, the crew will conduct routine repairs and cosmetic work on the ship, and have the opportunity to venture to the local sites.

"We've been on station in the Mediterranean for about three months," said Capt. Pete Collins, commanding officer of *San Diego*. "Not only is this our chance to get parts that we need and to conduct some maintenance, but the crew [will be able] to get some well-deserved rest and relaxation."

Sailors and Marines aboard *San Diego* also plan to use the port visit as an opportunity to buy gifts for their families and loved ones in anticipation of the upcoming holiday season.

"I plan on doing some Christmas shopping during our port visit," said Cpl. Jose Sanchez-lucas. "I think it will be cool to get my family and friends items from overseas."



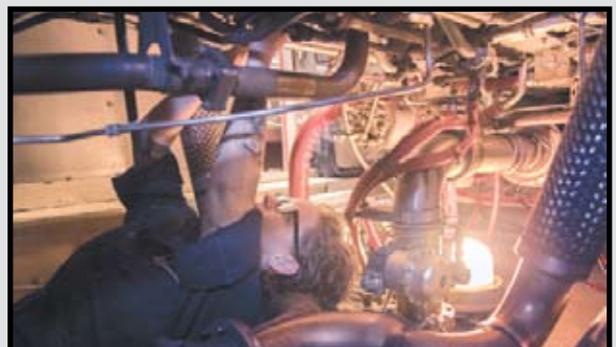
Squadron (PHIBRON) 3, consists of *San Diego*, America-class amphibious assault ship USS *America*, and Harpers Ferry-class amphibious dock landing ship USS *Pearl Harbor*. They are operating with the embarked forces of the 15th MEU, the "Wildcards" of Helicopter Sea Combat Squadron (HSC) 23, and detachments from Assault Craft Unit 5, Naval Beach Group 1, Beachmaster Unit 1, Fleet

Surgical Team 1 and Tactical Air Control Squadron 11.

The 15th MEU is a Marine Air-Ground Task Force comprised of a ground combat element, Battalion Landing Team 1st Battalion, 5th Marines; an aviation combat element, Marine Medium Tiltrotor Squadron 161 (Reinforced); a combat logistics element, Combat Logistics Battalion 15.



**INDIAN OCEAN (Nov. 24, 2017) - A Navy MH-60S Sea Hawk helicopter assigned to the Indians of Helicopter Sea Combat Squadron (HSC) 6 prepares to land on carrier USS Theodore Roosevelt. Theodore Roosevelt was deployed in support of maritime security operations and theater security cooperation efforts. Navy photo by MC3 Spencer Roberts**



**PACIFIC OCEAN (Nov. 25, 2017) - Gas Turbine Systems Technician (Electrical) Fireman Crystal Turner performs maintenance on a gas turbine module aboard cruiser USS Lake Erie. Lake Erie is on deployment in the 7th Fleet area of operations. Navy photo by MC3 Lucas T. Hans**

## The many faces of Dispatch's weekly contest winners.



Turn to page 3 and fill out the entry form.

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# Face of Defense: USS Lake Erie Sailor writes from the heart

by Petty Officer 3rd Class  
Lucas Hans

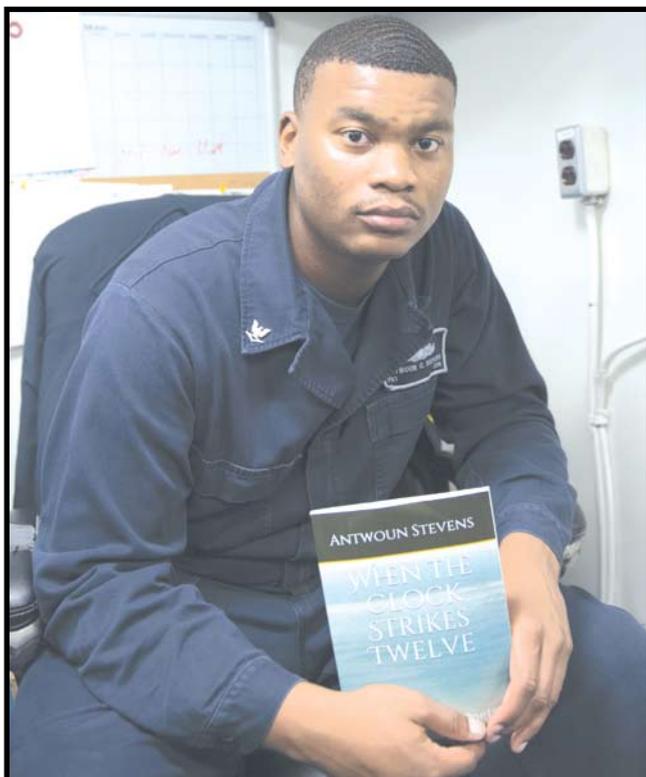
ABOARD USS LAKE ERIE, Nov. 27, 2017 — “Poetry is how I let it all out,” Navy Petty Officer 3rd Class Antwoun Stevens said in a soft, but matter-of-fact way. “It’s my heart.”

Stevens stands 6 feet tall. He’s strong, with the short, well-kempt hair you’d expect from a U.S. Navy sailor. He cracks jokes with the guys and dreams of being home with his newborn son, Immanuel, whom he has yet to meet.

Stevens is a yeoman aboard the guided-missile cruiser USS Lake Erie. He’s on deployment in Subic Bay, Philippines, after spending several months in the Persian Gulf supporting combat operations. He processes reams of forms, letters and orders for more than 300 sailors aboard Lake Erie. Everything has to be perfectly formatted to Navy writing standards: precise, exact and perfect. There’s no room for error or creativity.

What most of Stevens’ shipmates don’t know is he’s also a self-published poet.

“When you think ‘military,’



Petty Officer 3rd Class Antwoun Stevens holds a copy of his self-published book aboard Lake Erie Oct. 19. Navy photo by Petty Officer 3rd Class Lucas Hans

you don’t think ‘poetry,’” Stevens said. “So it’s an unnerving experience putting something out there for your peers to see and possibly judge.”

Stevens developed a love for words early on and found sanctuary in putting his emotions on paper. He grew up on the north side of St. Louis, one of nine children. Money was tight, and his parents did the best they could with a large family to feed. His siblings often talked about what they wanted to be when they grew up, but to Stevens it seemed to be all talk. He knew he had to be different; he had to make his move.

“I always wanted to be a rapper,” Stevens said. “On a dare, I got myself into spoken-word poetry. Words have always meant something to me, and poetry is what I loved the most. By the time I was 16, I was teaching poetry at a camp. Kids would come in really hesitant, but by

the time they left, they had a love for it.”

From then, his affinity for poetry just took off, he said. He made up his mind that he wanted to be a published poet, but didn’t know how and when.

By the time Stevens joined the Navy in 2014, he had yet to try his hand at writing a book, despite having already made a name for himself in his hometown as a poet. He had embarked on a new journey as a sailor, but he was determined to achieve his dream of getting published. He set to work putting his heart onto paper in the little time he had between shifts and studying for his job.

“I would write in my rack or get up in the middle of the night to find a free computer to type and edit,” he said.

Stevens finally finished his book in July and used an online service to get it published.

“Publishing was actually a lot easier than you might think,” said Stevens. “The most difficult aspect was making sure the book was in the right format. I sent in the 43 poems along with my cover design and signed the contract. When I finally received my hard copy, I couldn’t stop smiling. This was it. This was my book. It was proof of something I created all by myself.”

Titled, “When the Clock Strikes Twelve,” Stevens’ book is about his own life story -- his journey from growing up a big city to the sailor, man and father he has become.

“When my son asks me what I wanted out of life, I want to be able to tell him exactly what I wanted and the steps I took to achieve my dreams,” he said.

“I want him to understand who his dad was at that moment in time.”

Modest about his writing, Stevens is working up the nerve to deliver the message of his poems to his shipmates, and that he hopes his words will be more than just read.

“I want people to take something away from the book,”

**When my son asks me what I wanted out of life, I want to be able to tell him exactly what I wanted and the steps I took to achieve my dreams.**

said Stevens. “Maybe someone is dealing with something internally that they can’t tell anyone about. I hope that they find something in my book that helps them or gives them the strength to deal with it. Maybe the fact that the book is self-writ-

ten and self-published inspires them. It might just inspire them to achieve something they’ve always wanted to do.”

Navy Petty Officer 3rd Class Shanice Harrison from Ypsilanti, Michigan, a quartermaster assigned to USS Lake Erie, recently read Stevens’ poetry and said she admires his work.

“It was real and raw, and I am so amazed by what he was able to create,” Harrison said. “The fact that he wrote and published the book while on deployment floors me. So many people look up to Stevens, and I can’t wait for everyone to read it. He has inspired me so much.”

Now, as Stevens looks forward through deployment toward his new adventure as a father, he continues to write and is already well on the way to completing his next book of poetry.

“I’m taking an entirely different approach,” he said. “It won’t be anything like ‘When the Clock Strikes Twelve.’ I hope people take to it.”

## Wayne E. Meyer participates in sustainment exercise

by Lt. j.g. Danielle Moser

PACIFIC OCEAN- USS *Wayne E. Meyer* (DDG 108) is underway off the coast of Southern California participating in a sustainment exercise (SUSTEX).

SUSTEX is a re-certification evolution designed to test the capabilities of the carrier strike group. It evaluates how ships work together in a variety of tactical situations and ensures the strike group and its Sailors are ready to deploy.

*Wayne E. Meyer* will join other assets of Carrier Strike Group 1 on a scheduled deployment early next year.

“*Wayne E. Meyer* has been working hard to prepare for deployment,” said Cmdr. Vincent A. Fortson, *Wayne E. Meyer*’s commanding officer. “We have conducted multiple gun-shoots, replenishments at sea, and tactical exercises as part of our preparation for deployment.”

The sustainment exercise consists of a variety of training evolutions including anti-air warfare, anti-surface warfare, anti-submarine warfare, strike warfare, irregular warfare and maritime interdiction scenarios.

“So far this underway, the ship has conducted 80 hours of flight operations, three replenishments at sea, multiple small boat excursions, an integrated live fire event with three other cruisers and destroyers, and for the main event, firing a Standard Missile,” said Fortson.

Carrier Strike Group 1 is comprised of carrier *Carl Vinson* (CVN 70), Carrier Air Wing 2, cruiser USS *Lake Champlain* (CG 57) and several guided-missile destroyers part of Destroyer Squadron 1.

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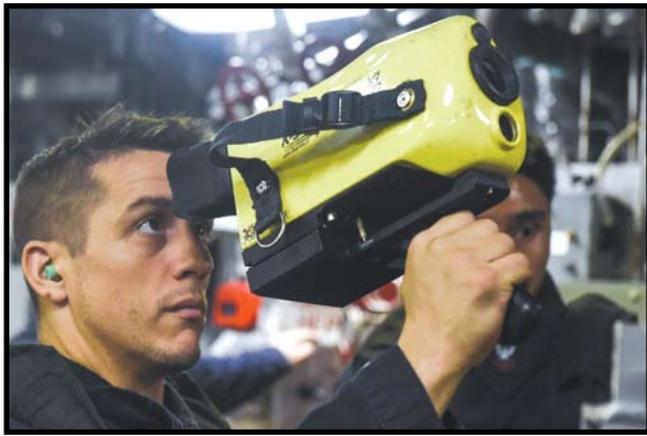
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**PHILIPPINE SEA (Nov. 13, 2017)** - Engineman 2nd Class James Sones participates in a main space fire fighting drill aboard **USS Coronado (LCS 4)**. **Coronado** is on her final leg of a rotational deployment in 7th Fleet area of operations, patrolling the region's. The ship returns soon to San Diego. Navy photo by **MC2 Kaleb R. Staples**

**5TH FLEET AREA OF OPERATIONS (Nov. 27, 2017)** - Electrician's Mate (Nuclear) 2nd Class **Amelia Haverkamp** stands in formation waiting to receive her frocking letter on the flight deck of **Theodore Roosevelt**.

Navy photo by **MC3 Spencer Roberts**



**INDIAN OCEAN (Nov. 21, 2017)** - Aviation Electronics Technician Airman **Andres Astrinakis** observes a refueling-at-sea between **USNS Guadalupe** and **Bunker Hill** from the flight deck of **Theodore Roosevelt**.

Navy photo by **MC3 Anthony Rivera**

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## Andrea Bocelli returns to San Diego for the first time in nearly twenty years

Ticket sales for valley view casino center show begin Dec. 11.

On Thursday, June 21, 2018, world-renowned tenor Andrea Bocelli returns to San Diego at the Valley View Casino Center with his unmatched repertoire of famed Arias, love songs, and beloved crossover hits. The tour is Bocelli's first performance in almost 20 years in San Diego.

The last time Bocelli visited America's Finest City was on April 14, 1999.

As the official credit card of the tour, Citi® cardmembers will have access to purchase exclusive pre-sale tickets and VIP packages beginning on Monday, Dec. 4 at 10am/PST followed by Fan Club beginning on Dec. 6 at 10 am/PST. For more informa-

tion on the Citi presale, please visit [www.CitiPrivatePass.com](http://www.CitiPrivatePass.com).

General ticket on-sale will begin on Monday, December 11th. Please visit [www.AndreaBocelli.com](http://www.AndreaBocelli.com) or [AXS.com](http://AXS.com) for additional ticket information.

Thrilling audiences for over 20 years, Andrea Bocelli exploded onto the world's stage

with his hit, "Con te Partiro" and has since sold over 80 million albums worldwide. In 2016 he was nominated for three Latin GRAMMY Awards® includ-

ing "Album of the Year" and received a 2017 GRAMMY AWARD® nomination for "Best Traditional Pop Vocal Album" for Cinema.

## Seals to unveil jersey at fashion show

The San Diego Seals of the National Lacrosse League will



## Jewelry and pottery among the different artworks offered at SDAG holiday Bazaar

The San Dieguito Art Guild presents its seventh annual Holiday Bazaar on Saturday, Dec. 2, from 10am-4pm, at the Encinitas Community Center, 1140 Oakcrest Park Drive (corner of Encinitas Blvd and Balour), Encinitas.

The San Dieguito Art Guild, an over-200-member all-volunteer nonprofit organization that operates the OffTrack Gallery located in the Lumberyard Shopping Center in Encinitas, serves the community by frequently offering art workshops, classes and demonstrations by outstanding professional artists.

Run by a board of 15 elected Directors, SDAG was organized in 1965 by a group of artists for the purpose of promoting greater understanding and appreciation of the fine arts. Carol Korfin, one of the event organizers, says, "This event gives local artists a venue to offer their hand-made items to the



if you have been to our Holiday Bazaar in the past, there are new artists and new items to see." Holzinger says, "We try to have a balanced mix of medium, so you will find photographers, watercolorists, oil or acrylic painters and as well as multi-media artists."

There will be a Silent Auction of artworks donated by the participating artists. Karen Fidel, ceramic artist says, "Our artwork is special because it is from all local artists and often of local scenes. Our Bazaar features really special deals on silent auction items where the proceeds help support our Off Track Gallery." Come

public. And gives the shoppers a chance to purchase one-of-a-kind artworks, which cannot be found in the malls. There are no imported items at this Bazaar. In addition, the buyer is purchasing work directly from the artist and can meet them face to face."

Guild President Lin Holzinger says, "Even



enjoy yummy treats, raffle, silent auction, and art for sale by artists: paintings, jewelry, photography, glass, ceramics, mosaics, fiber art, cards, prints & more. Admission to the Bazaar and ample parking are free. For more information go to [OffTrackGallery.com](http://OffTrackGallery.com), call 760-942-3636, or contact [pr@sandieguitoartguild.com](mailto:pr@sandieguitoartguild.com).

celebrate the team's third milestone when they unveil their 2018-19 home jersey at a VIP red carpet fashion show Dec. 12 at NTC Liberty Station. The invite-only event will feature the glitz and glamour of a high-end fashion show, including runway models. Jersey sales will begin once the item has been revealed, just in time for delivery for the holidays.

## Cats the encore Dec. 1

San Diego-based artist June Rubin invites you and your family to enjoy a whimsical array of cat portraits in watercolor, and mixed media sparkling with glitter and gems. San Diego Cat, Hollywood Cat, Cat with Feather Whiskers and more!

Great gifts for the holidays starting at \$40. and up!

Friday, Dec. 1, 5-9pm June Rubin Studio/Gallery, Arts District Liberty Station, 2690 Historic Decatur Rd., Ste 214, San Diego 92106. Free! June Rubin Cell: 858-229-4571 Website: [www.junerubin.com](http://www.junerubin.com)

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# Fall into sheer awesomeness at the Natural History Museum this season

## NEW PROGRAM—ARTIST IN RESIDENCE

The Nat has created a new Artist in Residence program in an effort to make the rich relationship between scientific inquiry and artistic practice more visible. Our two (well, three) artists in residence, Lisa Jetonne and Larry and Debby Kline, intend to break down the barrier between the front of house and back of house. The artists will meet with guests in our exhibitions, presenting activities that ignite a sense of wonder about the natural world and deepen respect for our environment. Visit our calendar to see when Lisa and the Klins will be onsite. The Artist in Residence program is made possible through forward-thinking funding from the J.W. Sefton Foundation.

## NAT TALKS

The 2017-2018 season of Nat Talks features our own scientists, as well as experts from around the country, and focus on the latest in scientific research, conservation, and the natural world. Nat Talks take place on the third Tuesday of every month in the Charmaine and Maurice Kaplan Theater.

**Tales from the Mammal Atlas** Tuesday, Dec. 19, 7pm Mammals are an integral part of the rich ecology in San Diego County—a recognized biodiversity hotspot. Despite the critical role mammals play in our environment, there has been no synthesis of their identification, distribution, natural history, or the conservation challenges they face. Until now. Join us in celebrating the release of the

San Diego County Mammal Atlas with lead author and San Diego Natural History Museum Mammalogist Scott Tremor as he shares stories about some of San Diego's most emblematic mammals. Tickets available.

Tickets for all Nat Talks are \$9 for members and \$12 for non-members. Doors will open at 5:30pm giving guests the opportunity to come enjoy a bite or beverage in The Flying Squirrel Café before the talk begins. Each lecture begins at 7pm. This program is made possible with generous support from media partner KPBS.

## NEW 3D FILM EXPERIENCE—INCREDIBLE PREDATORS

Through May 28, 2018 Incredible Predators, shown in the SUBARU 3D Experience in the Charmaine and Maurice Kaplan Theater, deconstructs the world of major predators as never before, taking an intimate look at the remarkable strategies they use to succeed. From the mighty blue whale to the resourceful Darwin's bark spider, experience the thrill of the chase, the great escapes, and the determination of nature's incredible predators. Incredible Predators between predators and prey as a fundamental building block of ecology. Watch trailer.

## THE FLYING SQUIRREL CAFÉ

We've branched out to provide our visitors with all-new dining experience—The Flying Squirrel Café. Located in the Atrium on Level 1, the café has

been revamped to include a fresh and menu and dining experience. Glide in for a bite this fall and winter—we're serving brewed-to-order espresso drinks and California casual fare including salads, sandwiches, burgers, wraps, and more. Beer and wine are also available in the café, which is open daily from 10 AM-4 PM. The café entrance is on the north side of the building by the giant fig tree. You do not need to pay admission to eat at the café.

## FAMILY PROGRAMS

### Family Days

The Nat hosts monthly Family Days celebrating new exhibitions at the Museum and the natural world. Hosted by the Museum's Education Department, participants will conduct experiments, make a craft to take home, and provide a variety of extra activities for a fun and educational family experience. Family Days run from 11am-3pm, are free with paid admission, and always free for Museum members. Upcoming dates:

- Dec. 9: Mammal Mania Family Day
- Jan. 15: Whale of a Time Family Day

### Winter Camp

Registration Now Open. School is out, but fun and science are always in. Join us this winter break as we discover dinosaurs, investigate wacky animal behavior, and get inspired by nature's wonders. The Nat offers flexible, single-day experiences for budding scientists in grades 1 through 5. Our talented camp staff and volunteers will make sure your child has a memorable experience and walks away with a rejuvenated interest in the natu-

ral world. Register today.

**ASD Mornings** Every Second Sunday at 9am ASD Mornings has been created by the for the Autism Spectrum Disorder (ASD) community. Once-a-month the Museum opens one hour early (at 9 AM) for adults and children on the autism spectrum and their families, friends, and caregivers. This innovative program encourages individuals to explore, play, and discover the treasures the Museum has to offer in an environment that is comfortable for them. General admission rates apply. Upcoming dates:

- Dec. 10 Nature & Me Storytime Every Second Thursday at 10:15am Calling all budding naturalists! Come enjoy an imaginative journey into nature through dynamic readings and visits to exhibitions. Nature & Me Storytime, now being offered in our brand-new, permanent exhibition Extraordinary Ideas, is held every second Thursday at 10:15am. Open to all ages with a parent or guardian (recommended for ages 1-5). Free with paid admission and always free for Museum members. Upcoming dates and themes:
    - Dec. 14: Pack Rats
    - Jan. 11: Whales
- call (877)946-7797 (M-F, 10 am-5pm) for more information on The Nat's family programs.

## ONGOING EXHIBITIONS

**Photography Exhibition—Baja's Wild Side** (Note: This exhibition will be temporarily closed from Jan.3–Feb. 7, 2018 due to building maintenance) Baja's Wild Side features the breathtaking photography of shark expert and Scripps marine biologist Dr. Dan Cartamil as he explores Baja California's

Pacific coast region. This exhibition chronicles a fragile paradise of remote and hauntingly beautiful landscapes, wildlife, and ancient rock art—on the verge of being taken over by modern civilization. Dr. Daniel Cartamil is a shark expert based at the Scripps Institution of Oceanography. With more than 20 years of experience as a marine biologist, Cartamil is also an adventure photographer, environmental consultant, and avid conservationist. This exhibition is included with paid admission and free for members.

**The Cerutti Mastodon Discovery** An Ice Age paleontological-turned-archaeological site in San Diego excavated by Museum staff preserves 130,000-year-old mastodon bones, molars, and tusks that show evidence of modification by early humans. Analysis of these finds dramatically revises the timeline for when humans first reached the Americas, according to a paper published in the April 27, 2017 issue of the prestigious science journal Nature. This display is located between Fossil Mysteries and Coast to Cactus in Southern California on Level 2.

**Extraordinary Ideas from Ordinary People: A History of Citizen Science** Located in the new Eleanor and Jerome Navarra Special Collections Gallery, Extraordinary Ideas from Ordinary People: A History of Citizen Science features approximately 70 rare books, works of art, and photographs from the Research Library's 56,000-volume collection that demonstrate how everyone can participate in science. Exhibit elements include plant and animal specimens, touchscreen interactives, and touchable models.

San Diego is known for its incredibly diverse terrain, ranging from the beaches and chaparral near the coast, to the mountains and the desert farther afield. This terrain is what makes the region one of only 35 biodiversity hotspots in the world, meaning areas that have the highest concentration of different species of any geographic area of similar size. Coast to Cactus in Southern California illustrates that richness by taking visitors on a journey through these habitats and the plants and animals that live in them.

## Fossil Mysteries

From dinosaurs to mammoths, discover the rich fossil history of southern California and the peninsula of Baja California. Visitors can play the role of paleontologist: ponder a mystery, examine the strong fossil evidence from the Museum's collection, and use scientific tools to discover answers. Traveling through a 75-million-year timeline, from the age of dinosaurs to the Ice Ages, experience an unfolding of the prehistory of southern California and the peninsula of Baja California, Mexico.

## Skulls

(Note: A portion of this exhibition will be temporarily closed from Jan. 3–Feb. 7, 2018 due to building maintenance) This exhibition contains nearly 200 skulls from the Museum's research collection of animals from all over the world, from the tiny to the spectacular. Mammals, birds, reptiles, and amphibians are all on display, showcasing an eye-popping array of horns, beaks, bills, teeth, and more. Have a question about a skull? Use the Skulls chalkboard to ask, or get creative and draw a skull.

**Water: A California Story**  
Learn about current, local  
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**Coast to Cactus in Southern California**

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# AutoMatters & More: Orange County Auto Show & 'Aircraft Carrier, Guardian of the Seas' at the Fleet

## AutoMatters™ & More



by Jan Wagner

### 2017 Orange County Auto Show

The Orange County Auto Show, at the recently expanded Anaheim Convention Center, traditionally kicks off the auto show season in Southern California. This year's show featured more than 600 of the latest 2018-model vehicles from 35 manufacturers, concept vehicles, 100-plus test-drives departing from inside and outside the convention center, an Exotic Gallery, driving simulators, commercial trucks and vans, alternative fuel vehicles and more.

At "Camp Jeep," professional 4x4 drivers took attendees for memorable rides along a challenging, indoor off-road test track. Obstacles tested ground clearance, stability and suspension articulation. Traction was tested on the steep climb up 18-foot "Jeep Mountain."

At the Toyota exhibit was a cutaway of their Mirai fuel cell vehicle, complete with detailed graphics that explained the various key components of the system.

Plug-in hybrids offer the cost savings and environmental benefits of limited all-electric driving, with the peace-of-mind of also running on gasoline, thus addressing the issue of range anxiety. Hyundai presented their new, 2018 Ioniq Plug-in Hybrid. At 119.2 cu. ft., it has significantly more combined passenger and cargo volume than the 2018 Toyota Prius Prime and the 2018 Chevrolet Volt plug-in hybrids. Its estimated range in all-electric EV mode is 27 miles, with a recharging time of about 2.5

hours on 220v.

The ultra high-end exotics included models from Aston Martin, Ferrari, Lamborghini, McLaren and Porsche.

The SoCal Work Truck and Van Show was a show within a show, presenting more than 50 commercial work trucks and vans for comparison under one roof.

Dodge and Ford brought driving simulators, providing drivers with thrilling rides.

As in past years, attendees could sign up to receive a nice perk after the show: a one-year subscription to Motor Trend magazine. I've been coming to this show and claiming my subscription to Motor Trend for years.

Next up on the auto show agenda will be coverage of the LA Auto Show – one of the world's largest. This year "AutoMatters & More" will be in Los Angeles for four days to cover "AutoMobility LA": press conferences, presentations and events with automakers, tech companies, designers, developers, startups, investors, dealers, government officials and analysts. 50 vehicle debuts are expected.

The LA Auto Show runs from Dec. 1 – 10 at the LA Convention Center. For more information, visit: <https://laautoshow.com>.

### "Aircraft Carrier, Guardian of the Seas" at The Fleet Science Center

### ian of the Seas" at The Fleet Science Center

As we see aboard the USS Ronald Reagan, an aircraft carrier based in San Diego from 2006 to 2015, and now based in Japan; and the USS Theodore Roosevelt, based in San Diego since 2015, modern aircraft carriers are essentially large, floating cities at sea. The giant, 76-foot dome theater screen and 16,000 watt, 6.1 digital surround sound system of The Fleet Science Center, in San Diego's Balboa Park, virtually transports the audience aboard, as aircraft are launched and land on the flight deck.

"San Diego has a long military history, and this film gives civilians the unique opportunity to climb aboard an aircraft carrier and see STEM in action," said Steve Snyder, CEO of the Fleet Science Center.

We learned from Steve that many of The Fleet's volunteers have served in the US Navy, as did Stu Elder, a (45+ year) founding member of The Fleet. He was an aircraft carrier pilot during World War II and the Korean War.

This adrenaline-charged film chronicles RIMPAC – the Rim of the Pacific maritime exercises. RIMPAC demonstrated the incredible international coordination and co-operation of more than 22 nations and 55 ships, along with 92 aircraft and helicopters on the carrier itself.

We also go "inside the US



Lexus

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Navy's newest submarines and into the cockpit of the Navy's newest next-generation aircraft, the F-35. You'll get a unique perspective on these new stealth fighters and experience what it's like to be in the cockpit as the jet catapults off the carrier and into flight."

Like much of what we see and experience at The Fleet, this "film provides an engaging

learning experience focusing on STEM (Science, Technology, Engineering and Math) subjects. Throughout "Aircraft Carrier," crew members are shown successfully applying science, technology, engineering and math in their careers."

"Aircraft Carrier – Guardian of the Seas" is playing now at The Fleet Science Center. For

more information, visit: <http://www.rhfleet.org/shows/aircraft-carrier>.

Send your comments and suggestions to [AutoMatters@gmail.com](mailto:AutoMatters@gmail.com). To see more photos go to [www.drivetribe.com/search/Automatters/tribes](http://www.drivetribe.com/search/Automatters/tribes) and click on the "AM" icon.

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# TV Listings

## WEEKDAY MORNING/AFTERNOON

	7:30	8 am	8:30	9 am	9:30	10 am	10:30	11 am	11:30	12 pm	12:30	1 pm	1:30	2 pm	2:30	3 pm	3:30	4 pm	4:30
<b>KFMB</b> (8)	CBS This Morning			Let's Make a Deal		The Price Is Right		CBS News 8 at 11AM		Inside Edition	Bold/Beautiful	The Young and the Restless		The Talk		Dr. Phil		Judge Judy	Judge Judy
<b>KFMB2</b> (8.2)	News 8 Morning Extra			The 700 Club		Maury		Dr. Phil		Judge Faith	Judge Faith	Judge Mathis		The Robert Irvine Show		Paternity Court	Paternity Court	Couples Court	Couples Court
<b>KGTV</b> (10)	Good Morning America			Live with Kelly and Ryan		The View		10News Midday		The Chew		General Hospital		Pickler & Ben		Dateline		10News: The Now San Diego	
<b>KPBS</b> (15)	Wild Kratts	Nature Cat	Curious George	Curious George	Daniel Tiger	Daniel Tiger	Splash and Bubbles	Splash and Bubbles	Sesame Street	Varied Programs			Ready Jet Go!	Nature Cat	Arthur	Wild Kratts	Wild Kratts	Odd Squad	Odd Squad
<b>KNSD</b> (35)	Today			Megyn Kelly Today		Today With Kathie Lee & Hoda		NBC 7 News Midday		Days of our Lives		Access Hollywood Live		Steve		The Ellen DeGeneres Show		NBC 7 News at 4	Varied Programs
<b>DISN</b>	Tangled: The Series	The Lion Guard	Mickey Mouse	Mickey Mouse	Mickey Mouse	Roadster-Racers	Puppy Dog Pals	Vampirina	PJ Masks	Puppy Dog Pals	Elena of Avalor	Doc McStuffins	Sofia the First	Good Luck Charlie	Stuck in the Middle	Jessie	Bunk'd	Raven's Home	Stuck in the Middle
<b>ESPN</b>	First Take			SportsCenter		Outside the Lines		NFL Live	Varied Programs	NBA: The Jump	SportsNation	Questionable	Around the Horn	Pardon the Interruption	SportsCenter	Varied Programs			
<b>ESPN2</b>	SportsCenter	SportsCenter	First Take		Varied Programs		The Paul Finebaum Show		NFL Live	Varied Programs		Intentional Talk	The Fantasy Show	Coll. Football Live	Around the Horn	Pardon the Interruption	College Basketball		
<b>TLC</b>	The Little Couple		The Little Couple		Varied Programs		Say Yes: ATL		Say Yes: ATL	Say Yes: ATL	Say Yes: ATL	Hoarding: Buried Alive		Hoarding: Buried Alive		Long Island Medium		Long Island Medium	
<b>USA</b>	Varied Programs							Law & Order: Special Victims Unit		Law & Order: Special Victims Unit		Law & Order: Special Victims Unit		Law & Order: Special Victims Unit		Law & Order: Special Victims Unit		Law & Order: Special Victims Unit	

## MOVIE TIME Playing at theatres near you! Mark your calendars!

# 12/8 JUST GETTING STARTED

# 12/8 I, TONYA

Just Getting Started



Duke Diver is living the high life as the freewheeling manager of a luxurious resort in Palm Springs, Calif. He soon faces competition from Leo, a former military man who likes the same woman that Duke is interested in. When Diver's past suddenly catches up with him, he must put aside his differences and reluctantly team up with Leo to stop whoever is trying to kill him.

**Genre:** Comedy, PG-13

**Cast:** Morgan Freeman, Tommy Lee Jones, Rene Russo

I, Tonya

Tonya Harding rises through the ranks of competitive figure skating only to find disgrace when her husband tries to eliminate her rival.

**Genre:** Biography, Comedy Drama, R

**Cast:** Margot Robbie, Sebastian Stan, Allison Janney

## THURSDAY EVENING

	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30
<b>KFMB</b> (8)	CBS News 8 at 5pm (N) (CC)	Evening News	News	Ent. Tonight	Inside Edition	Big Bang Theory	Young Sheldon	Mom (N) (CC)	Life in Pieces (N) (CC)	S.W.A.T. "Imposters" (N) (CC)	News	Late Colbert	Late Colbert	Late Colbert
<b>KFMB2</b> (8.2)	The Dr. Oz Show (N) (CC)	Judge Judy (N)	Judge Judy (N)	News 8 at 7 (N)	Seinfeld (CC)	Supernatural (N) (CC)	Penn & Teller: Fool Us (Season Finale) (N)	News 8 at 10 (N)	Ent. Tonight	Seinfeld (CC)	2 Broke Girls (N)	2 Broke Girls (N)	2 Broke Girls (N)	2 Broke Girls (N)
<b>KGTV</b> (10)	10News at 5pm (N) (CC)	10News at 6pm (N)	World News	10News at 7pm (N)	The List (N) (CC)	A Charlie Brown Christmas (N) (CC)	The Wonderful World of Disney: Magical Holiday Celebration (N) (CC)	Crossing South "Mexicali Zoo & Brew" (N)	Midsomer Murders "The Black Book" (N)	Midsomer Murders "The Black Book" (N)	Midsomer Murders "The Black Book" (N)	Midsomer Murders "The Black Book" (N)	Midsomer Murders "The Black Book" (N)	Midsomer Murders "The Black Book" (N)
<b>KPBS</b> (15)	KPBS Evening	Nightly Business	World News	KPBS Evening	PBS NewsHour (N) (CC)	Ken Kramer's	A Growing Passion	Historic Places	Crossing South "Mexicali Zoo & Brew" (N)	Midsomer Murders "The Black Book" (N)	Midsomer Murders "The Black Book" (N)	Midsomer Murders "The Black Book" (N)	Midsomer Murders "The Black Book" (N)	Midsomer Murders "The Black Book" (N)
<b>KNSD</b> (35)	Football Night in	NFL Football (N) (CC)	Washington Redskins at Dallas Cowboys. (N Same-day Tape)	NBC 7 News	Graham Bensinger	Football Night	Wheel of Fortune	Jeopardy! (N) (CC)	NBC 7 News	Tonight Show	Tonight Show	Tonight Show	Tonight Show	Tonight Show
<b>DISN</b>	Andi Mack	Bizaardvark (N)	Jessie (CC)	Bunk'd (N) (CC)	Bunk'd (N) (CC)	Raven's Home (N)	Andi Mack	Stuck/Middle	Bizaardvark (N)	Raven's Home (N)	Stuck/Middle	Liv and Maddie	Bizaardvark (N)	Raven's Home (N)
<b>ESPN</b>	College Basketball	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	MLS Soccer Houston Dynamo at Seattle Sounders FC. (N) (Live) (CC)	MLS Soccer Houston Dynamo at Seattle Sounders FC. (N) (Live) (CC)	MLS Soccer Houston Dynamo at Seattle Sounders FC. (N) (Live) (CC)	MLS Soccer Houston Dynamo at Seattle Sounders FC. (N) (Live) (CC)	MLS Soccer Houston Dynamo at Seattle Sounders FC. (N) (Live) (CC)	MLS Soccer Houston Dynamo at Seattle Sounders FC. (N) (Live) (CC)	MLS Soccer Houston Dynamo at Seattle Sounders FC. (N) (Live) (CC)	MLS Soccer Houston Dynamo at Seattle Sounders FC. (N) (Live) (CC)	MLS Soccer Houston Dynamo at Seattle Sounders FC. (N) (Live) (CC)	MLS Soccer Houston Dynamo at Seattle Sounders FC. (N) (Live) (CC)	MLS Soccer Houston Dynamo at Seattle Sounders FC. (N) (Live) (CC)
<b>ESPN2</b>	Women's College Basketball	College Basketball Missouri at Central Florida. From CFE Arena in Orlando, Fla. (N)	College Basketball Missouri at Central Florida. From CFE Arena in Orlando, Fla. (N)	Boxing Rey Perez vs. Lamont Roach. (N Same-day Tape)	Boxing Rey Perez vs. Lamont Roach. (N Same-day Tape)	Boxing Rey Perez vs. Lamont Roach. (N Same-day Tape)	Boxing Rey Perez vs. Lamont Roach. (N Same-day Tape)	Boxing Rey Perez vs. Lamont Roach. (N Same-day Tape)	Boxing Rey Perez vs. Lamont Roach. (N Same-day Tape)	Boxing Rey Perez vs. Lamont Roach. (N Same-day Tape)	Boxing Rey Perez vs. Lamont Roach. (N Same-day Tape)	Boxing Rey Perez vs. Lamont Roach. (N Same-day Tape)	Boxing Rey Perez vs. Lamont Roach. (N Same-day Tape)	Boxing Rey Perez vs. Lamont Roach. (N Same-day Tape)
<b>TLC</b>	Say Yes, Dress	Say Yes, Dress	Say Yes, Dress	Say Yes, Dress	Say Yes, Dress	Say Yes, Dress	Say Yes, Dress	90 Day Fiancé: Extended "Out of Nowhere" Nicole and Azan have a fight; extended. (N)	Unexpected (N) (CC)	90 Day Fiancé: Extended "Out of Nowhere" Nicole and Azan have a fight; extended. (N)	Unexpected (N) (CC)	90 Day Fiancé: Extended "Out of Nowhere" Nicole and Azan have a fight; extended. (N)	Unexpected (N) (CC)	90 Day Fiancé: Extended "Out of Nowhere" Nicole and Azan have a fight; extended. (N)
<b>USA</b>	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)

## NOVEMBER 30, 2017

## FRIDAY EVENING

	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30
<b>KFMB</b> (8)	CBS News 8 at 5pm (N) (CC)	Evening News	News	Ent. Tonight	Inside Edition	MacGyver "CD-ROM & Hoagie Foil" (N) (CC)	Hawaii Five-0 (N) (CC)	Blue Bloods "Pain Killers" (N) (CC)	News	Late Colbert				
<b>KFMB2</b> (8.2)	The Dr. Oz Show (N) (CC)	Judge Judy (N)	Judge Judy (N)	News 8 at 7 (N)	Seinfeld (CC)	Grandma Got Run Over by a Reindeer	Masters of Illusion: Christmas Magic (N)	News 8 at 10 (N)	Ent. Tonight	Seinfeld (CC)	2 Broke Girls (N)			
<b>KGTV</b> (10)	10News at 5pm (N) (CC)	10News at 6pm (N)	World News	10News at 7pm (N)	The List (N) (CC)	Marvel's Agents of S.H.I.E.L.D. The team is stranded in outer space. (N) (CC)	20/20 (N) (CC)	10News at 11pm	Jimmy Kimmel					
<b>KPBS</b> (15)	KPBS Evening	Nightly Business	World News	KPBS Evening	PBS NewsHour (N) (CC)	Washington Week	Roundtable	Doc Martin "Midwife Crisis" (N) (CC)	Doc Martin "Do Not Disturb" (N) (CC)	Easy Yoga for Diabetes-Peggy				
<b>KNSD</b> (35)	NBC 7 News at 5	Nightly News	NBC 7 News at 6 (N)	Wheel of Fortune	Jeopardy! (N) (CC)	Blindspot A crisis must be prevented.	Dateline NBC (N) (CC)	NBC 7 News	Tonight Show					
<b>DISN</b>	Andi Mack	Andi Mack	Andi Mack	Andi Mack	Andi Mack	Andi Mack	Andi Mack	Disney Channel Holiday Celebration	Raven's Home (N)	Stuck/Middle	Liv and Maddie	Andi Mack	K.C. Undercover	K.C. Undercover
<b>ESPN</b>	College Football Pac-12 Championship -- Stanford vs USC. (N) (Live)	College Football Pac-12 Championship -- Stanford vs USC. (N) (Live)	College Football Pac-12 Championship -- Stanford vs USC. (N) (Live)	College Football Pac-12 Championship -- Stanford vs USC. (N) (Live)	College Football Pac-12 Championship -- Stanford vs USC. (N) (Live)	College Football Pac-12 Championship -- Stanford vs USC. (N) (Live)	College Football Pac-12 Championship -- Stanford vs USC. (N) (Live)	College Football Pac-12 Championship -- Stanford vs USC. (N) (Live)	College Football Pac-12 Championship -- Stanford vs USC. (N) (Live)	College Football Pac-12 Championship -- Stanford vs USC. (N) (Live)	College Football Pac-12 Championship -- Stanford vs USC. (N) (Live)	College Football Pac-12 Championship -- Stanford vs USC. (N) (Live)	College Football Pac-12 Championship -- Stanford vs USC. (N) (Live)	College Football Pac-12 Championship -- Stanford vs USC. (N) (Live)
<b>ESPN2</b>	College Basketball North Carolina vs Davidson. From Spectrum Center in Charlotte, N.C.	College Basketball North Carolina vs Davidson. From Spectrum Center in Charlotte, N.C.	College Basketball North Carolina vs Davidson. From Spectrum Center in Charlotte, N.C.	College Basketball Creighton at Gonzaga. (N) (Live)	College Basketball Creighton at Gonzaga. (N) (Live)	College Basketball Creighton at Gonzaga. (N) (Live)	College Basketball Creighton at Gonzaga. (N) (Live)	To Be Announced	Jalen & Jacoby	The Fantasy Show	Jalen & Jacoby	The Fantasy Show	Jalen & Jacoby	The Fantasy Show
<b>TLC</b>	Say Yes, Dress	Say Yes, Dress	Say Yes, Dress	Say Yes, Dress	Say Yes, Dress	Say Yes, Dress	Say Yes, Dress	Unexpected Lexus thinks she's in labor.	Unexpected "Mother's Nightmare" (N)	Unexpected Lexus finally gives birth. (N)	Unexpected Lexus finally gives birth. (N)	Unexpected Lexus finally gives birth. (N)	Unexpected Lexus finally gives birth. (N)	Unexpected Lexus finally gives birth. (N)
<b>USA</b>	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)

## DECEMBER 1, 2017

## SATURDAY MORNING/AFTERNOON

	7:30	8 am	8:30	9 am	9:30	10 am	10:30	11 am	11:30	12 pm	12:30	1 pm	1:30	2 pm	2:30	3 pm	3:30	4 pm	4:30
<b>KFMB</b> (8)	Dr. Chris: Pet Vet	Innovation Nation	The Inspectors	Lucky Dog "Barnaby"	College Basketball Indiana at Michigan. From Crisler Center in Ann Arbor, Mich. (N) (Live) (CC)	The Drive to Atlanta	College Football	College Football SEC Championship -- Georgia vs Auburn. (N) (Live) (CC)		Judge Judy (N) (CC)	Judge Judy (N) (CC)	Judge Judy (N) (CC)	Judge Judy (N) (CC)	Judge Judy (N) (CC)	Judge Judy (N) (CC)				
<b>KFMB2</b> (8.2)	Dog Whisperer	Dog Whisperer	Dog Whisperer	Brain Games	This Old H.	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Impractical Jokers	Impractical Jokers	James Brown	RaceWeek (N)	Sports Stars	Hiring America (N)	Military Makeover
<b>KGTV</b> (10)	Good Morning	10News This Morning at 8am Saturday (N) (CC)	College Football AAC Championship -- Memphis vs Central Florida. (N) (Live)	College Football AAC Championship -- Memphis vs Central Florida. (N) (Live)	College Football AAC Championship -- Memphis vs Central Florida. (N) (Live)	College Football AAC Championship -- Memphis vs Central Florida. (N) (Live)	College Football AAC Championship -- Memphis vs Central Florida. (N) (Live)	College Football AAC Championship -- Memphis vs Central Florida. (N) (Live)	College Football AAC Championship -- Memphis vs Central Florida. (N) (Live)	College Football AAC Championship -- Memphis vs Central Florida. (N) (Live)	College Football AAC Championship -- Memphis vs Central Florida. (N) (Live)	College Football AAC Championship -- Memphis vs Central Florida. (N) (Live)	College Football AAC Championship -- Memphis vs Central Florida. (N) (Live)	College Football AAC Championship -- Memphis vs Central Florida. (N) (Live)					
<b>KPBS</b> (15)	Eat to Live With Joel	Sgt. Pepper's Musical Revolution (N) (CC)	28 Day Metabolism Makeover With Dr. Amy Myers (N) (CC)	Daniel O'Donnell: Back Home Again Daniel O'Donnell performs in Dublin.	*** The Beatles: Eight Days a Week -- The Touring Years (2016, Documentary) Paul McCartney, Ringo Starr.	Suze Orman's Financial Solutions for You Finding financial solutions. (N) (CC)	Suze Orman's Financial Solutions for You Finding financial solutions. (N) (CC)	Suze Orman's Financial Solutions for You Finding financial solutions. (N) (CC)	Suze Orman's Financial Solutions for You Finding financial solutions. (N) (CC)	Suze Orman's Financial Solutions for You Finding financial solutions. (N) (CC)	Suze Orman's Financial Solutions for You Finding financial solutions. (N) (CC)	Suze Orman's Financial Solutions for You Finding financial solutions. (N) (CC)	Suze Orman's Financial Solutions for You Finding financial solutions. (N) (CC)	Suze Orman's Financial Solutions for You Finding financial solutions. (N) (CC)					
<b>KNSD</b> (35)	NBC 7 News To	The Voyager	Wilderness Vet (N) (CC)	Journey-Dreyer	Premier League Soccer Arsenal FC vs Manchester United FC. (N) (Live) (CC)	PGA Tour Golf Hero World Challenge, Third Round. From Albany, New Providence, Bahamas. (N) (Live) (CC)	Alpine Skiing	Paid Program	Open House (N)	Naturally, Danny Seo	Give (CC) (DV)	Give (CC) (DV)	Give (CC) (DV)	Give (CC) (DV)					
<b>DISN</b>	Roadster-Racers	Puppy Dog Pals (CC)	Vampirina (N) (CC)	Elena of Avalor (N)	Tangled: The Series	Friends-Heart.	Transylvania	Disney Channel Holiday Celebration	Andi Mack (N) (CC)	Bizaardvark (N) (CC)	K.C. Undercover (N)	K.C. Undercover (N)	Andi Mack "Mama" (N) (CC)	Jessie (N) (CC)	Bunk'd (N) (CC)	Raven's Home (N)	Stuck in the Middle		
<b>ESPN</b>	College GameDay (N) (Live) (CC)	College GameDay (N) (Live) (CC)	College GameDay (N) (Live) (CC)	College GameDay (N) (Live) (CC)	College GameDay (N) (Live) (CC)	College GameDay (N) (Live) (CC)	College GameDay (N) (Live) (CC)	College GameDay (N) (Live) (CC)	College GameDay (N) (Live) (CC)	College GameDay (N) (Live) (CC)	College GameDay (N) (Live) (CC)	College GameDay (N) (Live) (CC)	College GameDay (N) (Live) (CC)	College GameDay (N) (Live) (CC)					
<b>ESPN2</b>	SportsCenter (N)	SportsCenter (N) (Live) (CC)	College Football Conference USA Championship -- North Texas at Florida Atlantic. (N) (Live)	College Football Conference USA Championship -- North Texas at Florida Atlantic. (N) (Live)	College Football Conference USA Championship -- North Texas at Florida Atlantic. (N) (Live)	College Football Conference USA Championship -- North Texas at Florida Atlantic. (N) (Live)	College Football Conference USA Championship -- North Texas at Florida Atlantic. (N) (Live)	College Football Conference USA Championship -- North Texas at Florida Atlantic. (N) (Live)	College Football Conference USA Championship -- North Texas at Florida Atlantic. (N) (Live)	College Football Conference USA Championship -- North Texas at Florida Atlantic. (N) (Live)	College Football Conference USA Championship -- North Texas at Florida Atlantic. (N) (Live)	College Football Conference USA Championship -- North Texas at Florida Atlantic. (N) (Live)	College Football Conference USA Championship -- North Texas at Florida Atlantic. (N) (Live)	College Football Conference USA Championship -- North Texas at Florida Atlantic. (N) (Live)					
<b>TLC</b>	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing	Extreme Couponing					
<b>USA</b>	Paid Program (CC)	Paid Program (CC)	Paid Program (CC)	*** No Strings Attached (2011, Romance-Comedy) Natalie Portman, Ashton Kutcher.	*** No Strings Attached (2011, Romance-Comedy) Natalie Portman, Ashton Kutcher.	*** No Strings Attached (2011, Romance-Comedy) Natalie Portman, Ashton Kutcher.	*** No Strings Attached (2011, Romance-Comedy) Natalie Portman, Ashton Kutcher.	*** No Strings Attached (2011, Romance-Comedy) Natalie Portman, Ashton Kutcher.	*** No Strings Attached (2011, Romance-Comedy) Natalie Portman, Ashton Kutcher.	*** No Strings Attached (2011, Romance-Comedy) Natalie Portman, Ashton Kutcher.	*** No Strings Attached (2011, Romance-Comedy) Natalie Portman, Ashton Kutcher.	*** No Strings Attached (2011, Romance-Comedy) Natalie Portman, Ashton Kutcher.	*** No Strings Attached (2011, Romance-Comedy) Natalie Portman, Ashton Kutcher.	*** No Strings Attached (2011, Romance-Comedy) Natalie Portman, Ashton Kutcher.					

## DECEMBER 2, 2017

## SATURDAY EVENING

	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30
<b>KFMB</b> (8)	CBS News 8 at 5pm (N) (CC)	Weekend News	News	Paid Program	Paid Program	Kevin Can Wait (N)	Man With a Plan (N)	NCIS: New Orleans "Course Correction"	48 Hours (N) (CC)	News	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods
<b>KFMB2</b> (8.2)	Don't Blink	Engagement	The King of Queens	Mike & Molly (N)	2 Broke Girls (N)	2 Broke Girls (N)	American Ninja Warrior (CC)	Seinfeld "Pilot" (N) (CC)	Access Chargers	Impractical Jokers	Just for Laughs	Just for Laughs	Just for Laughs	Just for Laughs
<b>KGTV</b> (10)	College Football ACC Championship -- Miami vs Clemson. (N) (Live) (CC)	College Football ACC Championship -- Miami vs Clemson. (N) (Live) (CC)	College Football ACC Championship -- Miami vs Clemson. (N) (Live) (CC)	College Football ACC Championship -- Miami vs Clemson. (N) (Live) (CC)	College Football ACC Championship -- Miami vs Clemson. (N) (Live) (CC)	College Football ACC Championship -- Miami vs Clemson. (N) (Live) (CC)	College Football ACC Championship -- Miami vs Clemson. (N) (Live) (CC)	College Football ACC Championship -- Miami vs Clemson. (N) (Live) (CC)	College Football ACC Championship -- Miami vs Clemson. (N) (Live) (CC)	College Football ACC Championship -- Miami vs Clemson. (N) (Live) (CC)	College Football ACC Championship -- Miami vs Clemson. (N) (Live) (CC)	College Football ACC Championship -- Miami vs Clemson. (N) (Live) (CC)	College Football ACC Championship -- Miami vs Clemson. (N) (Live) (CC)	College Football ACC Championship -- Miami vs Clemson. (N) (Live) (CC)
<b>KPBS</b> (15)	NewsHour Wk	KPBS Spectrum	The Well Stars: Through the Years Biographies. (N)	R. Steves' Europe	The Doctor Blake Mysteries (N) (CC)	American Masters This Is Bob Hope ... The career of entertainer Bob Hope. (N) (CC)	Daniel O'Donnell: Back Home Again (N)	Daniel O'Donnell: Back Home Again (N)	Daniel O'Donnell: Back Home Again (N)	Daniel O'Donnell: Back Home Again (N)	Daniel O'Donnell: Back Home Again (N)	Daniel O'Donnell: Back Home Again (N)	Daniel O'Donnell: Back Home Again (N)	Daniel O'Donnell: Back Home Again (N)
<b>KNSD</b> (35)	Champ Within	Nightly News	NBC 7 News at 6	Paid Program	Wheel of Fortune	Jeopardy! (N) (CC)	Will & Grace (N)	Superstore	Dateline NBC (N) (CC)	Saturday Night Live (N) (CC)	NBC 7 News	Saturday Night Live	Saturday Night Live	Saturday Night Live
<b>DISN</b>	Bizaardvark (N)	Jessie (N) (CC)	Bunk'd (N) (CC)	Raven's Home (N)	Stuck/Middle	Bizaardvark (N)	Good Luck Charlie, It's Christmas! (2011) Bridgit Mendler. (N)	Andi Mack	Andi Mack	K.C. Undercover	Walk the Prank (N)	MECH-X4 (N) (CC)	MECH-X4 (N) (CC)	MECH-X4 (N) (CC)
<b>ESPN</b>	College Football Mountain West Championship -- Fresno State at Boise State. (N) (Live)	College Football Mountain West Championship -- Fresno State at Boise State. (N) (Live)	College Football Mountain West Championship -- Fresno State at Boise State. (N) (Live)	College Football Mountain West Championship -- Fresno State at Boise State. (N) (Live)	College Football Mountain West Championship -- Fresno State at Boise State. (N) (Live)	College Football Mountain West Championship -- Fresno State at Boise State. (N) (Live)	College Football Mountain West Championship -- Fresno State at Boise State. (N) (Live)	SportsCenter With Scott Van Pelt (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)
<b>ESPN2</b>	College Football Troy at Arkansas State. From Centennial Bank Stadium in Jonesboro, Ark. (N) (Live)	College Football Troy at Arkansas State. From Centennial Bank Stadium in Jonesboro, Ark. (N) (Live)	College Football Troy at Arkansas State. From Centennial Bank Stadium in Jonesboro, Ark. (N) (											

# TV Listings

## SUNDAY MORNING/AFTERNOON

DECEMBER 3, 2017

	7:30	8 am	8:30	9 am	9:30	10 am	10:30	11 am	11:30	12 pm	12:30	1 pm	1:30	2 pm	2:30	3 pm	3:30	4 pm	4:30
<b>KFMB</b> (6)	CBS News Sunday Morning (N) (CC)	Face the Nation (N)	Face the Nation (N)	The NFL Today (N) (Live) (CC)	Face the Nation (N)	The Open Road	Entertainment Tonight (N) (CC)	To Be Announced	NFL Football Cleveland Browns at Los Angeles Chargers. (N) (Live) (CC)	NFL Post-game (N)	CBS News 8								
<b>KFMB2</b> (6.2)	Paid Program	Mark T. Barclay	Paid Program	Paid Program	Paid Program	San Diego Luxury	Paid Program	Paid Program	Paid Program	Paid Program	Make: Television	HouseCalls	Designing Spaces (N)	P. Allen	Small Town Big Deal (N)	Great Escapes	Raw Travel (N) (CC)	Raw Travel (N) (CC)	
<b>KGTV</b> (10)	Good Morning 10News This Morning at 8am Sunday (N) (CC)	This Week With George Stephanopoulos (N)	Joel Osteen (CC)	Paid Program	Vacation Creation	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Chew: Snowed	30 for 30	Castle Castle and Beckett face LokSat. (CC)				
<b>KPBS</b> (15)	The Welk Stars: Through the Years (N)	R. Steves' Europe	Forever Painless With Miranda Edmonde-White (N) (CC)	Eat Fat. Get Thin With Dr. Mark Hyman (N) (CC)	28 Day Metabolism Makeover With Dr. Amy Myers (N) (CC)	Rick Steves	Sgt. Pepper's Musical Revolution (N) (CC)	Visions of Europe An aerial tour of Europe. (N) (CC)											
<b>KNSD</b> (35)	NBC 7 News To	Meet the Press (N) (CC)	Politically Speaking	Paid Program	PGA Tour Golf Hero World Challenge, Final Round. From Albany, New Providence, Bahamas. (N) (N) (Live) (CC)	Golf 2017 World Long Drive Championship. (N)	Alpine Skiing	Talk Stoop (CC)	Nightly News	Football Night in America (N) (Live) (CC)									
<b>DISN</b>	Roadster-Racers	Puppy Dog Pals (CC)	Vampirina (N) (CC)	Elena of Avalor (N)	Tangled: The Series	Transylvania	Andi Mack (N) (CC)	<b>Good Luck Charlie, It's Christmas!</b> (2011, Children's) Bridgit Mendler. (N)	Andi Mack (N) (CC)	Andi Mack (N) (CC)	Bizaardvark (N) (CC)	K.C. Undercover (N)	K.C. Undercover (N)	Raven's Home (N)	Stuck in the Middle (N)	Bizaardvark (N) (CC)	Bunk'd (N) (CC)		
<b>ESPN</b>	Sunday NFL Countdown (N) (Live) (CC)	College Football Playoff Selection Show (N) (Live)																	
<b>ESPN2</b>	Fantasy Football Now (N) (Live)	E:60	College Basketball Tulane at North Carolina. From the Dean E. Smith Center in Chapel Hill, N.C. (N)	College Basketball Seton Hall at Louisville. From the KFC Yum! Center in Louisville, Ky. (N) (Live)	Championship Drive (N) (Live)														
<b>TLC</b>	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	Say Yes to the Dress	90 Day Fiancé "Crossing the Line" Andrei reveals the status of his visa. (N) (CC)	90 Day Fiancé "Welcome to Real Life" (N)				
<b>USA</b>	David Jeremiah (N)	In Touch	Joel Osteen (CC)	Damnation The farmers and the bank negotiate.	Law & Order: Special Victims Unit "Nocturne"	Law & Order: Special Victims Unit "Pixies" (N)	Law & Order: Special Victims Unit "Scourge"	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit "Pandora"	Law & Order: Special Victims Unit "Cage" (N)	Law & Order: Special Victims Unit (N)								

## CROSSWORD PUZZLE



The identity of the featured celebrity is found within the answers in the puzzle. In order to take the TV Challenge, unscramble the letters noted with asterisks within the puzzle.

### ACROSS

- Role on "Zoo" (2)
- TV manufacturer
- City near Lake Tahoe
- "Last \_\_\_"
- \_\_\_ Anderson
- Beatle wife
- Mediocre grade
- Merle Haggard's "\_\_\_ from Muskogee"
- Suffix for long or strong
- Notices
- Long sandwiches
- Public prosecutors, for short
- "Star \_\_\_"
- "\_\_\_ Life to Live"
- "Major \_\_\_"
- "\_\_\_ Betty"
- "America's Got Talent" judge (2)
- Part of NAACP: abbr.
- MC
- Actress on "American Housewife" (2)

### DOWN

- Role on "Happy Days"
- Oakley and Potts
- Pitcher Young and his namesakes
- "Deal \_\_\_ Deal"
- "\_\_\_ and Stacey"
- "Disney \_\_\_"; skating show that tours the world
- Designated regions
- "Up in \_\_\_"; 1978 Cheech & Chong movie

- "My World and Welcome \_\_\_ It" (1969-70)
- "Touched by \_\_\_ Angel"
- Word in the title of Viola Davis' series
- "NCIS: \_\_\_ Angeles"
- "\_\_\_ 60 on the Sunset Strip"
- Give encouragement to (2)
- Actress Maria
- "Vanilla \_\_\_"; 2001 Tom Cruise film
- Comment from Homer
- As sturdy as \_\_\_
- \_\_\_ button back on; does a simple mending task
- Refuse to admit the truth of
- "I \_\_\_ Weasel!"; 1997-99 cartoon series
- 1988 Martin Sheen movie
- Suffix for violin or art
- Put an end to; cancel



## SUNDAY EVENING

DECEMBER 3, 2017

	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30
<b>KFMB</b> (6)	CBS News 8 at 5pm (N) (CC)	Weekend News	News	60 Minutes (N) (CC)	The Carol Burnett 50th Anniversary Special Celebrating "The Carol Burnett Show." (N)	NCIS: Los Angeles "Queen Pin" (N)	News	Blue Bloods						
<b>KFMB2</b> (6.2)	Don't Blink	Engagement	The King of Queens	Mike & Molly (N)	2 Broke Girls (N)	2 Broke Girls (N)	Forensic Files (N)	Forensic Files (N)	Forensic Files (N)	Forensic Files (N)	Seinfeld "Pilot" (N)	Just for Laughs	Impractical Jokers	Impractical Jokers
<b>KGTV</b> (10)	10News at 5pm	World News	10News at 6pm	RightThisMinute (N)	America's Funniest Home Videos (N)	America's Funniest Home Videos (N)	America's Funniest Home Videos (N)	Shark Tank (N) (CC) (DVS)	10News at 11pm	Sports XTRA				
<b>KPBS</b> (15)	NewsHour Wk	SciTech Now (N)	American Masters This Is Bob Hope ... The career of entertainer Bob Hope. (N) (CC)	Penelope Keith at Her Majesty's Service	Victoria on Masterpiece "Brocket Hall"	Victoria on Masterpiece (N) (CC)	Suze Orman's Financial Solutions for You							
<b>KNSD</b> (35)	Football Night	NFL Football Philadelphia Eagles at Seattle Seahawks. (N) (Live) (CC)	Football Night in San Diego	Graham Bensinger	Dateline NBC (N) (CC)	NBC 7 News	Sportswrap							
<b>DISN</b>	Raven's Home (N)	Stuck/Middle	Bizaardvark (N)	Bunk'd (N) (CC)	*** Wreck-It Ralph (2012, Children's) Voices of John C. Reilly, Sarah Silverman. (N)	Mickey Mouse (N)	Transylvania	Andi Mack (N)	Andi Mack (N)	K.C. Undercover (N)	K.C. Undercover (N)			
<b>ESPN</b>	SportsCenter (N)	Championship Drive: Who's In? (N) (Live)	SportsCenter (N) (Live) (CC)	SportsCenter With Scott Van Pelt (N)										
<b>ESPN2</b>	Champ. Drive	ACL Southern College Cornhole Championships From Atlanta. (N)	Chris Berman: He Did Go	30 for 30 Shorts (N)	ESPN FC (N) (CC)	E:60	SC Featured	Who's In?						
<b>TLC</b>	90 Day Fiancé "Welcome to Real Life" (N)	90 Day Fiancé: More to Love "Out of Nowhere" David agitates Evelyn's parents. (N)	90 Day Fiancé "Wake Up Call" Molly asks Luis to step up as a parent. (N) (N)	Unexpected "Home Alone" (N) (N)	90 Day Fiancé "Wake Up Call" (N)									
<b>USA</b>	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit "Crush"	Law & Order: Special Victims Unit "Locum"	Law & Order: Special Victims Unit "Pop"	Law & Order: Special Victims Unit "Bang"	Modern Family (N)	Modern Family (N)						

## MONDAY EVENING

DECEMBER 4, 2017

	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30
<b>KFMB</b> (6)	CBS News 8 at 5pm (N) (CC)	Evening News	News	Ent. Tonight	Inside Edition (N)	Big Bang Theory	Man With a Plan (N)	Superior Donuts (N)	9JKL (N) (CC)	Scorpion (N) (CC)	News	Late-Colbert		
<b>KFMB2</b> (6.2)	The Dr. Oz Show (N) (CC)	Judge Judy (N)	Judge Judy (N)	News 8 at 7 (N)	Seinfeld (N) (CC)	Supergirl "Reign" (N) (CC)	Valor Nora and Ian reach a critical point.	News 8 at 10 (N)	Ent. Tonight (N) (CC)	Seinfeld (N) (CC)	2 Broke Girls (N)			
<b>KGTV</b> (10)	10News at 5pm (N) (CC)	10News at 6pm (N)	World News	10News at 7pm (N)	The List (N) (CC)	The Great Christmas Light Fight (Season Premiere) A wireless light show and more. (N)	Antiques Roadshow "Anaheim" (CC)	Antiques Roadshow "Anaheim" (CC)	Great Continental Railway Journeys (N)	San Diego: Above and Beyond				
<b>KPBS</b> (15)	KPBS Evening	Nightly Business	World News	KPBS Evening	PBS NewsHour (N) (CC)	Antiques Roadshow "Anaheim" (CC)	Antiques Roadshow "Anaheim" (CC)	The Wall (N) (CC)	NBC 7 News	Tonight Show				
<b>KNSD</b> (35)	NBC 7 News at 5	Nightly News	NBC 7 News at 6 (N)	Wheel of Fortune	Jeopardy! (N) (CC)	The Voice "Live Top 10 Performances" The top 10 artists perform live. (N) (CC)								
<b>DISN</b>	Andi Mack	Bizaardvark (N)	Jessie (N) (CC)	Bunk'd (N) (CC)	Bunk'd (N) (CC)	Raven's Home (N)	Andi Mack	Stuck/Middle	Bizaardvark (N)	Raven's Home (N)	K.C. Undercover (N)	Liv and Maddie	Bizaardvark (N)	Raven's Home (N)
<b>ESPN</b>	NFL Football Pittsburgh Steelers at Cincinnati Bengals. (N) (Live)	SportsCenter With Scott Van Pelt (N) (Live) (CC)	NFL PrimeTime (CC)	SportsCenter With Scott Van Pelt (CC)										
<b>ESPN2</b>	College Basketball	College Basketball Florida State at Florida. (N) (Live)	Basketball	SC Featured	E:60	SportsCenter With Scott Van Pelt (CC)	Jalen & Jacoby	The Fantasy Show						
<b>TLC</b>	Long Island Medium "Freezing Theresa"	Long Island Medium (N) (CC)	Long Lost Family (N) (CC)	Long Lost Family: What Happened Next	Long Island Medium (N) (N)	The Healer "My Life Changed" (N) (N)	Long Lost Family: What Happened Next							
<b>USA</b>	Law & Order: Special Victims Unit (N)	Modern Family (N)	Modern Family (N)	Modern Family (N)	Modern Family (N)	WWWE Monday Night RAW (N Same-day Tape) (N) (CC)	Modern Family (N)	Modern Family (N)						

## TUESDAY EVENING

DECEMBER 5, 2017

	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30
<b>KFMB</b> (6)	CBS News 8 at 5pm (N) (CC)	Evening News	News	Ent. Tonight	Inside Edition (N)	NCIS A murder is tied to Ducky's late mom.	SEAL Team Clay's father comes to town.	Bull "School for Scandal" (N) (CC)	News	Late-Colbert				
<b>KFMB2</b> (6.2)	The Dr. Oz Show (N) (CC)	Judge Judy (N)	Judge Judy (N)	News 8 at 7 (N)	Seinfeld (N) (CC)	The Flash "Don't Run" (N) (CC)	DC's Legends of Tomorrow (N) (CC)	News 8 at 10 (N)	Ent. Tonight (N) (CC)	Seinfeld (N) (CC)	2 Broke Girls (N)			
<b>KGTV</b> (10)	10News at 5pm (N) (CC)	10News at 6pm (N)	World News	10News at 7pm (N)	The List (N) (CC)	The Middle (N) (N)	Fresh Off the Boat	blackish (N) (N)	The Mayor (N)	Kevin (Probably) Saves the World (N)	10News at 11pm	Jimmy Kimmel		
<b>KPBS</b> (15)	KPBS Evening	Nightly Business	World News	KPBS Evening	PBS NewsHour (N) (CC)	Finding Your Roots "Family Reunions" (N)	Jewish Film Showcase Photographers	Historic Places	Easy Yoga for Diabetes-Peggy					
<b>KNSD</b> (35)	NBC 7 News at 5	Nightly News	NBC 7 News at 6 (N)	Wheel of Fortune	Jeopardy! (N) (CC)	The Voice "Live Top 10 Eliminations" (N)	Will & Grace (N)	Superstore (N)	Chicago Med "Trust Your Gut" (N) (N)	NBC 7 News	Tonight Show			
<b>DISN</b>	Andi Mack	Bizaardvark (N)	Jessie (N) (CC)	Bunk'd (N) (CC)	Bunk'd (N) (CC)	Raven's Home (N)	Andi Mack	Stuck/Middle	Bizaardvark (N)	Raven's Home (N)	K.C. Undercover (N)	Liv and Maddie	Bizaardvark (N)	Raven's Home (N)
<b>ESPN</b>	College Basketball Villanova vs Gonzaga.	College Basketball Syracuse vs Connecticut. From Madison Square Garden in New York. (N) (Live)	SportsCenter With Scott Van Pelt (N) (Live) (CC)	SportsCenter (N) (Live) (CC)										
<b>ESPN2</b>	College Basketball Texas at VCU. (N)	College Basketball Texas A&M vs Arizona. From Talking Stick Resort Arena in Phoenix.	SportsCenter (N)	NFL Live (CC)	Jalen & Jacoby	The Fantasy Show	Baltimore Boys							
<b>TLC</b>	Say Yes, Dress	Say Yes, Dress	Say Yes, Dress	Say Yes, Dress	Hodges Half Dozen (N)	The Little Couple (N) (N) (CC)	To Be Announced	Hodges Half Dozen (N) (N) (CC)	To Be Announced					
<b>USA</b>	NCIS Tony looks into Ziva's personal life.	NCIS Tony questions Ziva's loyalty to NCIS.	NCIS The death of an ICE agent. (N)	WWWE SmackDown! (N Same-day Tape) (N) (CC)	Damnation "Den of Lost Souls" (N)	Law & Order: Special Victims Unit (N)								

## WEDNESDAY EVENING

DECEMBER 6, 2017

	5 pm	5:30	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	11 pm	11:30
<b>KFMB</b> (6)	CBS News 8 at 5pm (N) (CC)	Evening News	News	Ent. Tonight	Inside Edition (N)	Survivor (N) (CC)	SEAL Team "Rolling Dark" (N) (CC)	Criminal Minds "False Flag" (N) (CC)	News	Late-Colbert				
<b>KFMB2</b> (6.2)	The Dr. Oz Show (N) (CC)	Judge Judy (N)	Judge Judy (N)	News 8 at 7 (N)	Seinfeld (N) (CC)	Riverdale (N) (CC)	Dynasty Fallon tries to move on. (N) (CC)	News 8 at 10 (N)	Ent. Tonight (N) (CC)	Seinfeld (N) (CC)	2 Broke Girls (N)			
<b>KGTV</b> (10)	10News at 5pm (N) (CC)	10News at 6pm (N)	World News	10News at 7pm (N)	The List (N) (CC)	The Goldbergs (N)	Speechless (N)	Modern Family (N)	American Housewife	Designated Survivor "Three-Letter Day"	10News at 11pm	Jimmy Kimmel		
<b>KPBS</b> (15)	KPBS Evening	Nightly Business	World News	KPBS Evening	PBS NewsHour (N) (CC)	Nature Relocating the world's rarest giraffes. (N) (CC) (DVS)	NOVA "Memory Hackers" How the brain remembers. (N)	National Park Symphony -- Mighty Five						
<b>KNSD</b> (35)	NBC 7 News at 5	Nightly News	NBC 7 News at 6 (N)	Wheel of Fortune	Jeopardy! (N) (CC)	A Very Pentatonix Christmas (N) (CC)	Law & Order: Special Victims Unit "Intent"	Chicago P.D. "Monster" (N) (N)	NBC 7 News	Tonight Show				
<b>DISN</b>	Andi Mack	Bizaardvark (N)	Jessie (N) (CC)	Bunk'd (N) (CC)	Bunk'd (N) (CC)	Raven's Home (N)	Andi Mack	Stuck/Middle	Bizaardvark (N)	Raven's Home (N)	K.C. Undercover (N)	Liv and Maddie	Bizaardvark (N)	Raven's Home (N)
<b>ESPN</b>	NBA Basketball Golden State Warriors at Charlotte Hornets. From Spectrum Center in Charlotte, N.C. (N) (Live)	NBA Basketball Minnesota Timberwolves at Los Angeles Clippers. From Staples Center in Los Angeles. (N) (Live)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)										
<b>ESPN2</b>	College Basketball Siena at Louisville. (N)	College Basketball Washington vs Kansas. From Sprint Center in Kansas City, Mo. (N)	SportsCenter (N) (Live) (CC)	SportsCenter (N) (Live) (CC)	SC Featured	The Fantasy Show	NBA Basketball: Timberwolves at Clippers							
<b>TLC</b>	Say Yes, Dress	Say Yes, Dress	Say Yes, Dress	Say Yes, Dress	My 600-Lb. Life "Nicole's Story" Nicole may leave her kids motherless. (N) (CC)	My 600-Lb. Life "Tanisha's Story" Tanisha wants to survive for her kids. (N) (CC)	Mr. Robot Elliot trolls a former ally. (N)	Law & Order: Special Victims Unit (N)						
<b>USA</b>	Law & Order: Special Victims Unit (N)	Law & Order: Special Victims Unit "Folly"	★ ★ The Lone Ranger (2013, Western) Johnny Depp, Armie Hammer. An Indian warrior and a lawman unite to fight corruption.											

5	9	6	8	1	3	7	4	2
1	4	3	7	9	2	5	6	8
7	8	2	4	5	6	1	3	9
8	3	4	1	2	9	6	7	5
9	6	5	3	8	7	4	2	1
2	1	7	6	4	5	8	9	3
3	2	8	5	6	4	9	1	7
4	5	9	2	7	1	3	8	6
6	7	1	9	3	8	2	5	4

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**TRICARE ACCEPTED**



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**SAN DIEGO ENORMOUS WAREHOUSE**  
W/ OFFICES NEAR DOWNTOWN,  
27,000 SF W/ PRKG  
2,000 SF OF OFFICES, A VAULT,  
3 LOADING DOORS, 50 CENTS/ SF OR  
\$14,000 NNN 619-297-9911 11/30

### FOR SALE

**2007 Nissan Altima- 100K+ miles,** transmission needs work, new tires, good body, make an offer. 619-405-1199 12/7

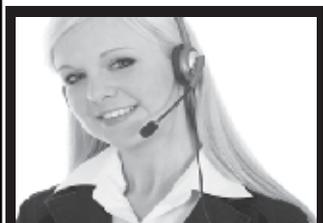
**BOSTON TERRIER PUPPIES-3 females,** 2 males, 12 weeks, had first shots, AKC, mother & father on premises. Call 619-631-7265 or cell 252-673-1405 12/21

### HELP WANTED

**FALLBROOK CAR LOT**  
Auto sales person, exp not needed but a plus  
Active duty P/F time avail  
760-532-7712/knightflight747@gmail.com 12/14

Looking for happy, enthusiastic person, to occasionally work promotional events, representing this newspaper to our nation's military & families. This is on an as needed basis. **Must have base access and your own vehicle.** If interested please call 619-280-2985 and ask for Brenda. TFN

Good Morning...McDonald's! Earn Extra \$\$\$! Mornings with McDonald's Afternoons/Evenings with your family. McDonald's now hiring-flexible hours. Apply at McDonald's MCAS Miramar. TFN



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TO WORK IN OUR RELAXED OFFICE

- WE WILL TRAIN YOU**
- Must have a friendly clear voice
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  - Self motivated
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## HORSE BOARDING CARLSBAD

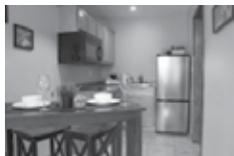
**\$400/month**  
Western casual,  
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We have roomy 12x48 or 24x24 corrals and provide a veterinarian-recommended diet twice daily.

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Includes utilities



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### MEMORIAL SERVICES

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Top Price Paid - All Models  
Honda, Yamaha, Kawasaki, Suzuki  
100 used bikes to choose from  
SOUTH BAY MOTORSPORTS  
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### RENTALS APARTMENTS

**CORONADO-2BD/1BA** hardwood flrs, bright & airy stove, refrig, onsite laundry, 1 assign prkg, no pets. \$1900mo./\$1850dep. Mr. Perkins 619-871-0498 11/30

**EVERGREEN-1BR/1BA APARTMENT** FOR RENT \$1,295 MO \$600 SEC DEP CALL 619-423-6070 12/14

**IMPERIAL BEACH-2BR/BA APARTMENTS** FOR RENT \$1,525 SECURITY DEPOSIT \$600 CALL 619-423-6070 12/14

**IMPERIAL BEACH-1BR/1BA APARTMENTS** AVAIL RENT \$1,125 SEC DEP \$600 WATER/TRASH PAID CALL 619-423-6070 12/14

**IMPERIAL BEACH-1BD/1BA** downstairs unit 2 blocks to beach, front yrd, priv prkg, no smkg/pets \$1200 mo. 714-606-5668 11/30

**SAN DIEGO- 2BD/1 3/4BA,** with extra office room, quiet neighborhood, ground floor of duplex. Avail Nov. 1 619-417-4224 11/30

**TALMADGE PARK-2BR/2BA,** 1000 sq ft \$1500mo. & 1BR 1BA, \$1250mo. 800 sq ft. Well maintained quiet garden complex. NO FEES easy app. Laundry, AC, assigned prkg, near all. 4544 Winona Avenue 619-229-1406 11/30

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1, 2 or 3 BR's Apartments,

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1, 2 & 3 Bedrooms available  
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Online Rental Hotsheet  
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### RENTALS CONDOS

**CORONADO-2BD/2BA,** unfurn third flr unit w/ views of bay & bridge, panorama from roof deck. Balcony overlooking pool/spa, sec bldg, mostly owner occupied \$2,600. 619-368-4001 11/30

### RENTALS DUPLEX

**CHULA VISTA-2BR/1BA,** new carpet, paint, gar, fenced yrd, bay view, w/t paid, no pets. Credit check, \$1595. avl Dec 1. 619-884-8384 11/30

### RENTALS HOUSES

**FALLBROOK-1BR/1BR** cottage, AC, ceiling fans, small backyard \$850 mo. 760-532-7712 11/16

**IMPERIAL BEACH-4BR/2.5BA,** BRAND NEW HOME AVAIL, 2 CAR GAR, NICE LOCATION, 50% MOVE IN SPECIAL! RENT \$2,995 CALL 619-423-6070 12/14

**IMPERIAL BEACH-3BR/1.5BA,** remod; kitchen, windows, carpet, paint, W/D hookups, 1 car gar & prkg, by Navy Base \$2195/MO 619-540-5537 12/7

**SOUTH PARK-2BR/1BA,** \$2400 large kitchen, laundry room w/ W/D, yrd, driveway prkg spt, close to Balboa Prk, shops & trnps. Rare chance to find a great home! 94 & i-5. OLIVER 619-715-5459 11/30

### ROOM FOR RENT

**CORONADO-1BR/ shrd BA,** util incld, small yrd, W/D on site. I am a female w/ a cat & quite lifestyle. Shrt drive to base \$1000mo. 619-997-3032 12/21

**SOUTH SAN DIEGO-1BR/1BA,** \$600, shr util, female pref'd, near all highways no drgs, smkg, pets. 619-259-8184/hmares1@cox.net 12/14

### RENTALS TOWNHOMES

**SPRING VALLEY-3BR/2.5BA,** Gated community, \$2450mo, dble car gar, patio, appls, fa/ac, fncd yrd. Near Lamar & Troy St. Close to 94 125 & 8. no smkg, CALL OLIVER 619-715-5459 for \$250 move in special! 11/30

### SERVICES

**CASH 4 RV OR TRAILER**  
Also Boats & Free Towing  
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### SHORT TERM RENTALS

**OCEANSIDE-1BR/1BA** 4plex, ocean view w util paid, furn, wifi-cableTV, w/d on site, steps to beach \$1700mo 760-458-8880 12/17



"Having an impact does not require a title or a label. Having an impact requires a choice." -Jenniger Grant

**Do you suffer from:**  
stress, tension, anxiety, panic,  
mood disorders, fatigue,  
sleeplessness, worry, anger,  
fears, helplessness,  
hopelessness?

Let Recovery International help you.  
We do not take the place of the professional,  
we work in conjunction with.  
(\$1-\$5 donation) with daily meetings through out San Diego County.  
(619) 275-0364.  
[www.recoveryinternational.org](http://www.recoveryinternational.org)

**Nat**  
continued from page 16

issues on land and in the ocean. Examine the infrastructure of the regional water system, and discover how we import the majority of the water we use in this region and the costs associated with this practice. Water: A California Story also looks at effects of a changing climate on the region's water supply and reveals how southern Californians can help protect water for future generations.

### MORE FILMS

**Ocean Oasis 2D** Ongoing Produced by the San Diego Natural History Museum, Summerhays Films, and PRONATURA A.C., Ocean Oasis takes viewers on a fascinating journey into two remarkably different but inextricably linked worlds—Mexico's beautiful Sea of Cortés and the Baja California desert. Witness the beauty of life in Baja California's rich waters and seemingly barren land. Ocean Oasis is the winner of the Jackson Hole Wildlife Film Festival and the International Wildscreen Film Festival.

**Galapagos 3D** Through January 2, 2018. In the vastness of the Pacific Ocean, there is a paradise unlike any other: the Galapagos. Amongst these remote volcanic islands, life has played out over millions of years in relative isolation. The result is a wonderland of nature, with a remarkable collection of plants and charismatic animals that have all adapted to this unique environment. Galapagos 3D give audiences the opportunity to meet giant half-ton tortoises and marine iguanas that spit sea salt; dance with the tropical albatrosses and hunt fishes with the colorful Blue-footed Boobies; and swim with tiny penguins thousands of miles away from their natural habitats. Narrated by Jeff Corwin, this is a story of discovery, survival against the odds, and nature's ingenuity, all brought to life in stunning 3D.

Films in the SUBARU 3D Experience in the Charmaine and Maurice Kaplan Theater are free with paid general admission (except on Residents' Free Tuesdays), Balboa Park Explorer Passes, Passports to Balboa Park, Go San Diego Cards, and for Museum members. The Museum is also offering \$5 film-

only tickets.  
**CANYONEER HIKING SEASON**

**Canyoneer Nature Walks** Through June 24, 2018. The 2017-2018 Canyoneers season is underway. Take a walk on the wild side with our Museum-trained naturalists. Canyoneers provide a unique opportunity to explore the wild places of San Diego, Riverside, and Imperial counties, highlighting the rich biodiversity of our region. To view a list of these free hikes on our interactive map or to learn more about the history of this longtime public program, visit our website. This year's season is made possible with support from Subaru of America.

### WHALE WATCHING

Gray Whale Watching Cruises Dec. 9-April 22, 2018. The San Diego Natural History Museum partners with Hornblower Cruises and Events to provide an unparalleled opportunity to experience gray whale watching off the San Diego coast. Each gray whale watching experience is narrated by experienced Hornblower captains and the Museum Whalers, museum-trained naturalists. These 3.5 hour cruises are great for guests of all ages. Come meet some of nature's largest animals and enjoy a day on the water with family and friends.

### ABOUT THE SAN DIEGO NATURAL HISTORY MUSEUM (THE NAT)

The San Diego Natural History Museum (The Nat) is the second oldest scientific institution in California and the third oldest west of the Mississippi. Founded in 1874 by a small group of citizen scientists, the Museum's mission is to interpret the natural world through research, education, and exhibits; to promote understanding of the evolution and diversity of Southern California and the peninsula of Baja California, Mexico; and to inspire in all a respect for nature and the environment.

The Museum is located at 1788 El Prado, San Diego, CA 92101 in Balboa Park and is open daily from 10am-5pm. For more information, call (877) 946-7797 or visit [sdnat.org](http://sdnat.org). To stay up to date on Museum news, follow The Nat on Instagram and Twitter and join the discussion on Facebook.

## Love is a four legged word

### MY PET WORLD:

### Resident upset when people don't pick up after their dogs



**by Cathy M. Rosenthal**  
*Dear Cathy,*  
 At our condo complex, we have a problem with dog owners who violate the rules relative to walking their pets. Some, very few, allow their pets to defecate or urinate on lawns without picking it up. While our condo is pet-friendly, there are rules about dog walking. Is there an effective and humane deterrent that will prevent a dog from this offensive action? Someone suggested that the grass areas be "sprinkled" with red pepper. - Mike, Amityville, NY

Dear Mike,  
 I have never heard of red pepper thwarting dogs from peeing outside, but why would you want to do that? The problem is not dogs peeing and pooping outside, which is a perfectly natural thing for animals to do. The problem is, their owners not picking up after them when they do.

It's sad people need to be reminded about this, but they do. It's not a trivial issue either since neighbors can get very confrontational with each other over this matter.

Talk to your Home Owners Association (HOA) about posting information in your community newsletter or email. Maybe get a group of people to pick up poop one day, tally it, and offer it as "news" in the next newsletter. In our neighborhood, our HOA set poop bag waste stations every 1/2 mile. It serves as both a reminder and resource for dog owners.

*Dear Cathy,*  
 We have a 17-year-old cat who over the past few months sometimes neglects to use the litter box. Sometimes, he'll leave a surprise right next to the litter box and sometimes elsewhere. It seems to happen whether the litter box is completely clean or not. What's the reason? - Rich, Rockville Centre, NY

Dear Rich,  
 If you haven't moved the litter box, changed the substrate or had any changes in your household (new baby, mother moved in, etc.), I am inclined to believe that your senior feline may have a health problem. She could be constipated or have an intestinal problem that is making it difficult for her "to go."

Cats also get into different positions when they are peeing or pooping. If she is arthritic, the position for pooping may be causing her some discomfort, and so it may be easier for her to go outside the box. Health problems can be treated, so take her to the veterinarian - and take a sample of the poop with you.  
 Dear Cathy,

My older cat, Sonney, has a bump or nodule above his left eye. I have attached a photo. I don't know how he got it; it could have started from a scratch from one of our other cats. He did have a small scratch close to the bump that healed before I noticed the bump, which seemed to grow since I first noticed it. It is not getting any bigger, and it has been about three months since it started. It does not seem to bother him. Is there some kind of cream I could put on it? - Bob, Las Vegas, NV

Dear Bob,  
 I don't think there is any cream to fix that nodule. Generally, veterinarians say if a nodule moves freely, it could be a benign cyst; if it is attached it could be cancer. There is only one way to know for sure though, and that is to take Sonney to a veterinarian to have the nodule examined and biopsied. Let me know what the vet says.

Dear Cathy,  
 I have a friend who received a dog from a shelter. This dog

was previously with a breeder. Whenever the dog rides in my car, he usually poops (ugh!). I don't know if he was crate trained or not, but in such a confined space of the back seat, you would think he wouldn't go, even if he gets walked before. He's a young adult, not a senior dog. Most dogs love rides; this one gets car sick. - Tim, Chesterton, Indiana

Dear Tim,  
 Just like people, dogs can get car sick. Most of the time, they feel nauseous, which results in vomiting or drooling. But sometimes, their queasiness may result in an unexpected defecation in the car. Your dog doesn't mean to poop in the car; it just happens.

There are over-the-counter and prescription medications that can reduce the car sickness symptoms, which may reduce this involuntary reflex and make car trips more pleasant for the both of you.

Also, put down a blanket in the car that can easily be washed, and open the window a crack, since fresh air sometimes helps.

**Luman** is a seven years young Pug mix who weighs 26 lbs. His previous owners could no longer care for him, so he is looking for a new home. Luman is very affectionate, loves attention and enjoys hanging out with his humans while getting petted and rubbed. He also makes a good walking partner but doesn't require extensive exercise. Meet this handsome guy by asking for ID#A1760597 Tag#C139. Luman can be adopted for the Senior Fee of just \$35

**Bear** is a two year old neutered black shorthair cat who weighs 9 lbs. He may be a bit shy at first, but once you spend a few minutes with him, he becomes an fast friend who purrs like crazy and leans in for more pets. If you stand in front of his kennel and tap your shoulder, Bear will give you a giant hug. He doesn't seem to mind the other kitties in the kennel and may do well in a multi-cat household. Meet Bear by asking for ID#A1807437 Tag#C987. He can be adopted for \$58.

Bring some love into your life by adopting a forever friend to share your home! Dogs and puppies can be adopted for just \$69. Adult dogs and cats over 5 years old can become a member of your family for just \$35. If you're a senior yourself, or disabled, you can make any pet your forever companion for just \$35. Rabbits can be adopted for just \$25, so be sure to visit our bunny room too! All adoption fees should be confirmed once you get to the shelter, and include spaying or neutering, basic vaccinations, and a 1 year license for dogs.

You can visit these animals and their many other friends at our Central County Shelter, 5480 Gaines Street, San Diego between the hours of 9:30AM to 5:30PM, Tuesday through Saturday. Visit <http://www.sddac.com> for more information and contact the shelter with questions and for holiday hours.



## Omarr's weekly Astrological forecast



**ARIES (March 21-April 19):** Play to your strengths. The more you stretch mental and physical muscles the stronger you will become. In the week ahead use your time wisely. You may be distracted by time-wasting ideas and projects.

**TAURUS (April 20-May 20):** Things will work out for the best. Your judgment is best during the first half of the week. Accept any opportunities that come your way as even the smallest helpful act on your part can result in improved financial security.

**GEMINI (May 21-June 20):** Act with accuracy. Brainstorm new techniques and methods with a partner and put them in place with a deft hand. Your wisdom and leadership abilities are on display, especially in the workplace, as this week unfolds.

**CANCER (June 21-July 22):** During the first half of the week your decision-making skills are at their best, especially when dealing with finances. Be sure to get the best of everything; quantity should not be confused

with quality.  
**LEO (July 23-Aug. 22):** Make the best use of your abilities in the week ahead. You may not be able to see it or poke it with a stick but you have what it takes to make the grade in the business world. Someone close might be a stickler for details.

**VIRGO (Aug. 23-Sept. 22):** Pursue an education in emerging trends. In the week ahead learn new things by visiting the library, exploring the internet or signing up for a class. Avoid potential frustrations by not taking on additional obligations.

**LIBRA (Sept. 23-Oct. 22):** It may be difficult to strike the perfect balance in social settings in the week ahead. You might vacillate about decisions because you are anxious to please others or too aggressive when you should politely wait your turn.

**SCORPIO (Oct. 23-Nov. 21):** In the early part of the week you might be at your best when you mingle with others. Use your eagerness to knock on doors and ask for the sale. Don't lose your momentum or the chance to get ahead by daydreaming.

**SAGITTARIUS (Nov. 22-Dec. 21):** You may be more interested in business than pleasure in the week ahead. Although you have ample drive and ambition to get ahead in the material world, be cautious when presented with financial opportunities.

**CAPRICORN (Dec. 22-Jan. 19):** Money isn't everything, but it might be to you. Put some irons into the fire this week and they will burn red hot if they are destined to turn into something useful, but will slip out of your hands if they won't.

**AQUARIUS (Jan. 20-Feb. 18):** Place emphasis on lasting values and long-term comfort. In the upcoming week you can show your shrewdness as well as your empathy when dealing with business and financial matters. You sparkle in social settings.

**PISCES (Feb. 19-March 20):** Some romantic fantasies can come true. You are likely to hit the target if you aim for lasting affection in the week to come. Reassess financial matters and consider changes that can make significant improvements.

# Around Town

**Blue Buffalo Home 4 the Holidays Campaign** Dec. 1-2 [www.home4theholidays.org](http://www.home4theholidays.org)  
**Public Star Party** at MiraCosta College, Dec. 1-2, 8-10pm. [www.miracosta.edu/events](http://www.miracosta.edu/events)  
**Jingle Bell Saddlebred Horse Show** at Del Mar Horse Park. Dec. 1-3, 8am-5pm. [www.delmarfairgrounds.com](http://www.delmarfairgrounds.com)  
**Hard Court Tennis Championships** USTA National Men' 40, Women's 40, Father-Son & Grandfather-Grandson La Jolla Beach & Tennis Club. Dec. 1-3 [www.ljbtcc.com](http://www.ljbtcc.com)  
**Scrooge: The Musical** at Village Church Community Theatre. Dec. 1-3 [www.villagechurchcommunitytheater.org](http://www.villagechurchcommunitytheater.org)  
**The Secret in Their Eyes** LIFE Movie Series: The Secret in Their Eyes at MiraCosta College San Elijo campus, Dec. 1, 1-3pm. [www.miracosta.edu/events](http://www.miracosta.edu/events)  
**Foreign Film Fridays: Dheepan** at Ruby G. Shulman Auditorium, Dec. 1, 4 & 7 pm. Free admission. [www.carlsbadca.gov](http://www.carlsbadca.gov)  
**Kids' Night Out** at Poway Community Park, Dec. 1, 4:30-9pm.  
**Oceanside Art Walk** in downtown Oceanside. 5-9pm.  
**Astronomy Night** at Agua Hedionda Lagoon Discovery Center, Dec. 1, 5:30-7:30pm. [www.aguahedionda.org](http://www.aguahedionda.org)  
**Christmas Concert** Dec. 1-2 San Luis Rey Chorale Christmas Concert at Mission San Luis Rey. [www.visitoceanside.org](http://www.visitoceanside.org)  
**Bill Murray, Jan Vogler & Friends** at California Center for the Arts, Escondido, Dec. 1, 7:30pm. [www.artcenter.org](http://www.artcenter.org)  
**Stance International Surfing Association World Adaptive Championship** in La Jolla. Dec. 1-3 [www.isasurf.org](http://www.isasurf.org)  
**Warren Miller Film Tour: Line of Descent** at La Paloma Theatre. Dec. 1-3 [www.skinet.com/warrenmiller/film-tour](http://www.skinet.com/warrenmiller/film-tour)  
**Broadway San Diego presents Cinderella** at San Diego Civic Theatre. Dec. 1-3 [www.sandiegotheatres.org](http://www.sandiegotheatres.org)  
**Greetings at Patio Playhouse Theatre.** Dec. 1-17.  
**La Jolla Playhouse** presents Summer: The Donna Summer Musical at Mandell Weiss Theatre. Dec. 1-17 [www.lajollaplayhouse.org](http://www.lajollaplayhouse.org)  
**San Diego Repertory Theatre** presents Black Pearl Sings at Lyceum Theatre. Dec. 1-17 [www.sdrep.org](http://www.sdrep.org)  
**Dr. Seuss's How the Grinch Stole Christmas** at The Old Globe Theatre. Dec. 1-24 [www.theoldglobe.org](http://www.theoldglobe.org)  
**The Secret Garden** at New Village Arts Theatre. Dec. 1-24 [www.newvillagearts.org](http://www.newvillagearts.org)  
**Miracle on 34th Street:** San Diego Musical Theatre presents Miracle on 34th Street: A Live Musical Radio Play at Horton Grand Theatre. Dec. 1-24 [www.sdmt.org](http://www.sdmt.org)  
**Photos with Santa at Seaport Village.** Dec. 1-24.  
**Skating By the Sea** at Hotel Del Coronado. Dec. 1-Jan. 1.  
**San Diego STEAM Maker Festival** at Del Mar Fairgrounds, Dec. 2, 10am-4pm. [www.sansmf.org](http://www.sansmf.org)

**San Dieguito Art Guild's Holiday Bazaar** at Encinitas Community Center, Dec. 2, 10am-4pm. [www.sandieguitoartguild.com](http://www.sandieguitoartguild.com)  
**54th Annual Toyland Parade & Festival** in North Park, Dec. 2, 11am-3pm. [toylandparade.com](http://toylandparade.com)  
**Winter Wonderland Festival** at California Center for the Arts, Escondido, Dec. 2, 3pm.  
**Little Italy Tree Lighting & Christmas Village** on India St., Dec. 2, 4-8pm.  
**Holiday at the Rancho** at Leo Carrillo Ranch, Dec. 2, 5-8pm.  
**Western Surfing Association Championship Tour Event & Toys for Tots Collection** at San Clemente Pier. Dec. 2-3. [www.surf-wsa.org](http://www.surf-wsa.org)  
**Teddy Bear Tea** at The Westgate Hotel. Dec. 2-23.  
**SoNo Fest & Chili Cook-Off** in North Park. Dec. 3, 11am-5pm. [www.sonofestchilicookoff.com](http://www.sonofestchilicookoff.com)  
**Chargers vs. Cleveland Browns** StubHub Center, Dec. 3, 1:05pm.  
**SDSU Aztecs vs. Bradley** University Braves Men's Basketball at Viejas Arena, Dec. 3, 3pm.  
**SD Sockers vs. Soles de Sonora** at Valley View Casino Center, Dec. 3, 5:05pm. [www.valleyviewcasino-center.com](http://www.valleyviewcasino-center.com)  
**LA Lakers vs. Houston Rockets** at Staples Center, Dec. 3, 6:30pm. [www.nba.com/lakers](http://www.nba.com/lakers)  
**The Sky Tonight** planetarium show at Reuben H. Fleet Science Center, Dec. 6, 7-8pm. [www.rh-fleet.org](http://www.rh-fleet.org)  
**Los Angeles Clippers vs. Minnesota Timberwolves** at Staples Center, Dec. 6, 7:30pm. [www.nba.com/clippers](http://www.nba.com/clippers)  
**Pearl Harbor Day Dec. 7**

## Christmas Holiday Events and Tree Lightings in North County

*(Please check websites for correct dates and times)*



**Christmas Celebration at SeaWorld** San Diego. now-Jan 6 (619) 222-4SEA [www.seaworldsandiego.com](http://www.seaworldsandiego.com)  
**Holidays at Legoland** California Resort. Nightly tree lighting. Now-Dec. 25. [www.legoland.com](http://www.legoland.com)  
**Fallbrook Community Tree Lighting Event** at Fallbrook Community Center, Dec. 1, 5-7:30pm. [www.fallbrookchamberofcommerce.org](http://www.fallbrookchamberofcommerce.org)  
**40th Annual December Nights at Balboa Park.** Dec. 1-2 [www.sandiego.gov/december-nights](http://www.sandiego.gov/december-nights)  
**Santa's Village and Tree Lighting** at San Marcos Civic Center. Dec. 2 [www.san-marcos.net/specialevents](http://www.san-marcos.net/specialevents)  
**Vista Christmas Parade** in downtown Vista, Dec. 2, 1pm. [www.vvba.org](http://www.vvba.org)  
**Fallbrook Christmas Parade** on Main Avenue from Ammunition to Ivy Streets, Dec. 2, 5pm. [www.fallbrookchamberofcommerce.org](http://www.fallbrookchamberofcommerce.org)  
**Holiday at the Rancho** at Leo Carrillo Ranch, Dec. 2, 5-8pm. [www.carlsbadconnect.org](http://www.carlsbadconnect.org)  
**Garden of Lights** at San Diego Botanic Garden, Dec. 2-23, 5-9pm. [www.sdbgarden.org](http://www.sdbgarden.org)  
**Free photos and visits with Santa** and free train rides along Old California Restaurant Row in San Marcos, Dec. 3, 12-2pm. [www.oldcalrestaurantrow.com](http://www.oldcalrestaurantrow.com)  
**Vista Downtown Winterfest and Tree Lighting,** Dec. 3, 12-8pm. [www.vvba.org](http://www.vvba.org)  
**Kiwanis Club of San Marcos Holiday Parade,** Dec. 3, 1pm. [www.kiwanisclubofsanmarcos.com/holiday-parade](http://www.kiwanisclubofsanmarcos.com/holiday-parade)  
**La Jolla Christmas Parade and Holiday Festival** in downtown La Jolla, Dec. 3, 1:30pm. [www.ljparade.com](http://www.ljparade.com)  
**Tree lighting ceremony at Fletcher Cove Park** in Solana Beach, Dec. 3, 4pm. (858) 720-2453 [www.ci.solana-beach.ca.us](http://www.ci.solana-beach.ca.us)  
**Encinitas Holiday Parade and Tree Lighting Ceremony,** Dec. 3, 5-7:30pm. Parade starts down Coast Highway 101 at 5:30pm. [www.encinitaschamber.com](http://www.encinitaschamber.com)  
**Cardiff Kringle Mingle** at Cardiff Town Center, Dec. 3, 6-10pm. Photos with Santa from 3-5pm. [www.cardiff101.com](http://www.cardiff101.com)  
**Holiday Celebration** at Del Mar Highland Shopping Center, Dec. 6, 5-7:30pm. [www.delmarhighlandstowntowncenter.com](http://www.delmarhighlandstowntowncenter.com)  
**Oceanside Tree Lighting Ceremony** at Regal Center Plaza, Dec. 7, 6pm. [www.ci.oceanside.ca.us](http://www.ci.oceanside.ca.us)  
**Christmas in the Valley** at Bates Nut Farm. Dec. 8-9 [www.batesnutfarm.biz](http://www.batesnutfarm.biz)  
**67th Annual Escondido Jaycees Christmas Parade,** Dec. 9, 9:30am. [www.escondidojaycees.com](http://www.escondidojaycees.com)  
**Christmas in the Park** at Old Poway Park, Dec. 9, 3:30-8:30pm. [www.poway.org](http://www.poway.org)  
**46th Annual San Diego Bay Parade of Lights,** Dec. 10, 5pm. [www.sdparadeoflights.org](http://www.sdparadeoflights.org)  
**46th Annual San Diego Bay Parade of Lights,** Dec. 17, 5pm. [www.sdparadeoflights.org](http://www.sdparadeoflights.org)



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# Concerts

Please confirm concerts before attending. NOTE: Some venues are age 21+ only.

## November

**Dwight Yoakam.** Thurs, Nov 30, 8pm. Country. The Grove of Anaheim, 2200 E. Katella Ave., Anaheim, Orange County. (714) 712-2750. www.citynationalgroveofanaheim.com

**Valerie June.** Thurs, Nov 30, 7:30pm. Folk. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

## December

**Aaron Neville.** Sat, Dec 2, 8pm. Blues/Jazz/Pop. Poway Center for the Performing Arts, 15498 Espola Rd., Poway. (858) 748-0505.

**Chicano Soul Legends.** Sat, Dec 2, 7pm. Honda Center, 2695 E. Katella Ave., Anaheim. (714) 704-2400. www.hondacenter.com

**San Diego Gay Men's Chorus Presents Jingle.** Sat, Dec 2, 6 & 9pm. Standards. \$29-\$39. Sycuan Live & Up Close Theatre, 5469 Casino Way, El Cajon. (619) 445-6002.

**Brian Setzer Orchestra,** Sun, Dec 3, 8pm. Jazz/Rock/Rockabilly. Pechanga Resort & Casino, 45000 Pechanga Pkwy, Temecula. (951) 693-1819.

**Will Downings Soulful Sounds of Christmas ft Avery Sunshine.** Sun, Dec 3, 8pm. City National Grove of Anaheim, 2200 E. Katella Ave., Anaheim, Orange County. (714) 712-2750. citynationalgroveofanaheim.com

**Wrex the Halls.** Fri & Sat, Dec 8 & 9, 9pm. Alt/Folk/Rock. 91X presents features Rise Against, the

Lumineers, Vance Joy, Dreamcar, more. Valley View Casino Center, San Diego Sports Arena, 3500 Sports Arena Blvd., San Diego. (619) 224-4171.

**Dave Koz Christmas Tour.** Thurs, Dec 14, 8pm. Jazz. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

**Chris Isaak: Holiday Tour 2017.** Thurs, Dec 14, 8pm. City National Grove of Anaheim, 2200 E. Katella Ave., Anaheim, Orange County. (714) 712-2750. citynationalgroveofanaheim.com

**Sir Mix-A-Lot and Tone Loc.** Age 21+. Sat, Dec 16, 8-10pm. Hip-hop/Rap. \$49-\$59. Sycuan Live & Up Close Theatre, 5469 Casino Way, El Cajon. (619) 445-6002.

**Dianne Reeves.** Sun, Dec 17, 8pm. Jazz/Holiday. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

**Tony Orlando.** Sun, Dec 17, 6pm. Mon Dec 18, 6 & 8pm. Pop. \$49-\$59. Sycuan Live & Up Close Theatre, 5469 Casino Way, El Cajon. (619) 445-6002.

**Noche Navidena con Luis Coronel.** Sun, Dec 17, 7pm. City National Grove of Anaheim, 2200 E. Katella Ave., Anaheim, Orange County. (714) 712-2750. citynationalgroveofanaheim.com

**Jay-Z,** Tues, Dec 19, 7:30pm. Hip-hop/rap. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego. (619) 594-6947.

**98 Degrees at Christmas.** Wed, Dec 20, 8pm. Quartet. The Grove of Anaheim, 2200 E. Katella Ave., Anaheim, Orange County. (714) 712-2750. www.citynationalgroveofanaheim.com

**Jam'n 95.7 Jingle Jam,** ft. Migos, Yo Gotti & more. 2017, Sat, Dec 23, 7pm. View Casino Center, San Diego Sports Arena, 3500 Sports Arena Blvd., San Diego. (619) 224-4171.

**War,** Fri, Dec 29, 8pm. Diner show. City National Grove of Anaheim, 2200 E. Katella Ave., Anaheim, Orange County. (714) 712-2750. citynationalgroveofanaheim.com

**Quattrosound.** Thurs, Dec 21, 7:30pm. \$25-\$45. Classical/Jazz/Standards. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

**OMFGINYE.** Sat & Sun, Dec 30 & 31, 7:30pm. DJ/Electronic/Hip-hop/Rap/Pop. Features Tiesto, Zedd, Dillon Francis, Illenium, Kayso, more! Valley View Casino Center (San Diego Sports Arena), 3500 Sports Arena Blvd., San Diego. (619) 224-4171.

## January

**The Fremonts.** Wed, Jan 3, 4 & 7pm. FREE. Jazz/R&B. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

**Blue Oyster Cult.** Thurs, Jan 25, 8pm. Rock. Sycuan Live & Up Close Theatre, 5469 Casino Way, El Cajon. (619) 445-6002.

**The Killers,** Tues, Jan 30, 7:30pm. Rock. Valley View Casino Center (Sports Arena), 3500 Sports Arena Blvd., San Diego. (619) 224-4171.

## February

**The Killers.** Feb 1-2, 8pm. Rock. Staples Center, 1111 S. Figueroa St, Los Angeles, 90015. www.

staplescenter.com  
**Shakira.** Tue, Feb 6, 7:30pm. Honda Center, 2695 E. Katella Ave., Anaheim. (714) 704-2400. www.hondacenter.com

**The Oak Ridge Boys.** Age 21+. Sat, Feb 3, 5 & 8 p.m. Country. Sycuan Live & Up Close Theatre, 5469 Casino Way, El Cajon, 92019. (619) 445-6002.

**Jessica Fichot.** Wed, Feb 7, 4 & 7pm. FREE. World. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

**Night with Janis Joplin.** Wed & Thurs, Feb 7 & 8, 8pm. Covers. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

**Shakira.** Fri, Feb 9, 7:30pm. Latin/pop. Valley View Casino Center (Sports Arena), 3500 Sports Arena Blvd., San Diego. (619) 224-4171.

**Lana del Rey.** Thurs, Feb 15, 7:30pm. Pop. Valley View Casino Center (San Diego Sports Arena), 3500 Sports Arena Blvd., San Diego. (619) 224-4171.

**Miranda Lambert.** Thurs, Feb 17, 7:30pm. Country. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego, CA. (619) 594-6947.

**Cameron Carpenter.** Sat, Feb 17, 8pm. Classical/Pop. Organist. Poway Center for the Performing Arts, 15498 Espola Rd., Poway. (858) 748-0505.

**Beth Hart.** Sun, Feb 18, 7pm. Folk. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

**International Guitar Night.** Sun, Feb 18, 7:30pm. \$30-\$40. Acoustic. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

**Boomshaka Music Festival.**

Mon, Feb 19, 3pm. Reggae/Ska/Rock. Tribal Seeds, Stick Figure, The Original Wailers, Don Carlos, Hirie, The Expanders, more!! Valley View Casino Center (San Diego Sports Arena), 3500 Sports Arena Blvd., San Diego. (619) 224-4171.

**Black Violin.** Thur, Feb 22, 7:30pm. \$25-\$45. Classical/Hip-hop/Rap/Jazz. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

**Alsarah & The Nubatones.** Thurs, Feb 22, 8-11pm. World. \$25. UCSD Price Center, 9500 Gilman Dr, San Diego 92023. (858) 534-6467.

**Six String Society: Sounds of the Big Easy.** Sat, Feb 24, 8pm. Jazz/World. Poway Center for the Performing Arts, 15498 Espola Rd., Poway. (858) 748-0505.

**Jesse Cook.** Sat, Feb 24, 7:30pm. \$35-\$60. Jazz/Latin/Nuevo Flamenco. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

**Demi Lovato.** Mon, Feb 26, 7:30pm. Hip-hop/Rap/Pop. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego, CA. (619) 594-6947.

**New Breed Brass Band.** Wed, Feb 28, 2018. 8-11pm. Hip-hop/Rap/Jazz/World. \$30. UCSD Price Center, 9500 Gilman Dr, San Diego 92023. (858) 534-6467

## March

**Pierre-Laurent Aimard.** Thurs, March 1, 8pm. Classical piano. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

**Tokio Hotel.** Thurs, March 1 8pm. Electro pop quartet. City

National Grove of Anaheim, 2200 E. Katella Ave., Anaheim, Orange County. (714) 712-2750. citynationalgroveofanaheim.com

**Celebrating David Bowie.** Tues, March 6, 7:30pm. Covers. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

**Brogue Wave.** Wed, March 7 4 & 7pm. FREE. Celtic Rock/World. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

**Herbie Hancock.** Wed, March 7, 7pm. Jazz/Pop. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

**Bria Skonberg.** Fri, March 9, 7:30pm. \$25-\$40. Jazz/World.

Trumpeter & singer. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

**The Ten Tenors.** Sat, March 10, 7:30pm. Classical. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

**George Kahumoku Jr.** Sun, March 11, 7:30pm. \$32-\$42. Folk/World/Slack Key Guitar. Hawaii's Renaissance Man. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.

**Lorde.** Wed, March 14, 7pm. Staples Center, 1111 S. Figueroa St, Los Angeles, CA 90015. www.staplescenter.com

**Los Lobos.** Fri, March 16, 8pm. Latin/Rock. Poway Center for the Performing Arts, 15498 Espola Rd., Poway. (858) 748-0505.

**Michael Schenker Fest.** Sun, March 25, 8pm. The Grove of Anaheim, 2200 E. Katella Ave., Anaheim, Orange County. (714) 712-2750. www.grove-of-anaheim.com

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